Nottingham and Nottinghamshire Integrated Care Board

24/07/2026

NN-ICB/26-1681

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 29 June 2026, regarding clinical transition pathways and precautionary alternatives for Medroxyprogesterone Acetate (Depo-Provera). We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

Please find below our response to your request:

Please provide the following information regarding clinical strategies, financial modeling, and transition pathways for patients currently using the contraceptive injection **Depo-Provera (medroxyprogesterone acetate)** within your health authority:

1. **Precautionary Transition Guidance:** Copies of any internal memos, clinical guidance updates, or patient pathway directives issued by your Integrated Care Board (ICB) to General Practitioners and sexual health clinics since March 2024 regarding actively transitioning long-term users of progestogen-only injectables onto non-hormonal alternatives (such as copper intrauterine devices / Cu-IUDs) or alternative short-acting contraceptives due to the updated meningioma risk profiles.

   The ICB holds information on the Nottinghamshire Joint Formulary: Nottinghamshire Area Prescribing Committee Formulary – which includes a link to a Patient Information Leaflet.

   Long-acting contraception and sexual health services are commissioned by Public Health via the Local Authority. Consequently, we advise directing your enquiry to them. Details on how to submit a Freedom of Information request to the Local Authority can be found via the link below:

   - Nottinghamshire County Council – https://www.nottinghamshire.gov.uk/council-and-democracy/freedom-of-information/submit.

2. **Alternative Uptake Data:** The total number of patients within your health board area who have successfully transitioned from medroxyprogesterone acetate to a non-hormonal contraceptive method (e.g., Cu-IUD) over the last two financial years (2024/25 and 2025/26), broken down by year if centrally recorded.

   The Integrated Care Board does not hold the information requested. Please direct your enquiry to the local authority as per the response to Question 1.

3. **Financial Expenditure Comparison:** The total financial expenditure by your health authority on the procurement and prescribing of:

    a) Medroxyprogesterone acetate (Depo-Provera / Sayana Press) injections, versus

    b) Non-hormonal copper intrauterine devices (Cu-IUDs) for the financial years 2023/24, 2024/25, and 2025/26.

    This information is publicly available on the link, here: Open Prescribing.

4. **Risk-Mitigation Communications:** Copies of any risk-register logs, safety briefing papers, or board-level meeting minutes where the clinical or financial impact of restricting the long-term use of Depo-Provera across your primary care network was formally evaluated or discussed.

    The Integrated Care Board does not hold the information requested. Please direct your enquiry to the local authority as per the response to Question 1.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Governance and Assurance via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: https://ico.org.uk/for-the-public/.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via https://ico.org.uk/concerns/.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the Open Government Licence (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.