NHS
Nottingham and Nottinghamshire
Integrated Care Board

24/07/2026

NN-ICB/26-1680

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 29 June 2026, regarding informed consent protocols and patient leaflet policies for Medroxyprogesterone Acetate (Depo-Provera). We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

Please find below our response to your request:

Please provide the following information regarding the internal protocols, informed consent procedures, and distribution policies for Patient Information Leaflets (PILs) concerning the contraceptive injection **Depo-Provera (medroxyprogesterone acetate)** within your health authority:

1. **Consultation Checklists:** Copies of any current local guidelines, mandatory checklists, or clinical protocol sheets supplied to General Practitioners (GPs), sexual health nurses, or community pharmacists detailing the specific safety risks that must be verbally communicated to a patient prior to administering a Depo-Provera injection.

   The ICB holds information on the Nottinghamshire Joint Formulary: Nottinghamshire Area Prescribing Committee Formulary - which includes a link to a Patient Information Leaflet.

   The Integrated Care Board does not hold additional guidance on this topic. Long-acting contraception and sexual health services are commissioned by Public Health via the Local Authority. Consequently, we advise directing your enquiry to them. Details on how to submit a Freedom of Information request to the Local Authority can be found via the link below:

   - Nottinghamshire County Council – https://www.nottinghamshire.gov.uk/council-and-democracy/freedom-of-information/submit.

2. **Physical Leaflet Distribution Policy:** Details of your health authority's official policy regarding the physical distribution of the manufacturer's Patient Information Leaflet (PIL). Specifically, is it a mandatory local requirement for clinical staff to physically hand a copy of the warning leaflet to the patient at *every* injection appointment, or only at the *initial* initiation appointment?

   The Integrated Care Board does not hold the information requested. Please direct your enquiry to the local authority as per the response to Question 1.

3. **Meningioma Risk Integration:** The exact date when your local clinical safety guidelines or informed consent templates for progestogen-only injectables were last updated to explicitly reflect the verified links between long-term use and the risk of developing intracranial meningiomas (brain tumours).

   The Integrated Care Board does not hold the information requested. Please direct your enquiry to the local authority as per the response to Question 1.

4. **Compliance Audits:** If any internal clinical audits or quality assurance reviews have been conducted by your health authority within the last three years (2023–2026) to monitor whether primary care staff are successfully tracking treatment durations or handing out safety literature for this specific medication, please provide the anonymised summary findings of those reports.

   The ICB has not conducted any audits. Please direct your enquiry to the local authority as per the response to Question 1.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Governance and Assurance via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: https://ico.org.uk/for-the-public/.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via https://ico.org.uk/concerns/.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the Open Government Licence (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.