Nottingham and Nottinghamshire Integrated Care Board

10/07/2026

NN-ICB/26-1668

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 18 June 2026, regarding Vita Health Group Limited (trading as NottsTalk) NHS Talking Therapies trainee data. This request follows our previous response dated 18 June 2026 (Ref: NN-ICB/26-1623).

We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

In our previous response, we confirmed that the ICB does not hold trainee-level information relating to recruitment, completion, withdrawal, or complaints. We also confirmed that, from April 2023, the ICB holds information relating to the number of commissioned NHS Talking Therapies training places agreed with Vita Health Group Limited (trading as NottsTalk).

Your current request relates specifically to those commissioned training places and associated contractual arrangements. I can confirm that the ICB partially holds the information requested and our response is provided below.

Please find below our response to your request:

1. The number of NHS Talking Therapies training places (broken down by High Intensity CBT and PWP/Low Intensity, where distinguished in the commissioning agreement) commissioned by the ICB with Vita Health Group Limited (trading as NottsTalk) for each of the following cohort years: 2023/24, 2024/25, and 2025/26.

   The ICB works with NHS England and Vita to agree the number of training places each year. The numbers are detailed below:

   - 2023/24 - PWP 34; HIT (Cognitive Behaviour Therapy & Other Modality Training) 17 WTE
   - 2024/25 - PWP 20; HIT (Cognitive Behaviour Therapy & Other Modality Training) 15 WTE
   - 2025/26 - PWP 28; HIT (Cognitive Behaviour Therapy & Other Modality Training) 38 WTE.

2. The total financial value of the commissioned training places for each of those cohort years, and confirmation of whether this value is paid per place, per trainee, or as a block sum regardless of the number of trainees recruited or retained.

   The ICB does not hold this information in the format requested.

   Funding relating to trainee places forms part of the wider block contract arrangement and is not separately identifiable as a single financial value attributable to commissioned training places. Therefore, the ICB is unable to provide a breakdown of funding per place, per trainee, or a separate sum specifically relating to training places.

3. Confirmation of whether any contractual mechanism exists requiring repayment, clawback, or adjustment of funding where commissioned places are not filled or where trainees do not complete the programme, and if so, whether any such mechanism has been triggered in relation to Vita Health Group/NottsTalk during this period.

   The ICB does not hold information confirming that there is a contractual mechanism requiring repayment, clawback, or adjustment of funding where commissioned training places are not filled or where trainees do not complete the programme.

   No such mechanism has been triggered in relation to Vita Health Group Limited (trading as NottsTalk) during the period requested.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Governance and Assurance via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: https://ico.org.uk/for-the-public/.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via https://ico.org.uk/concerns/.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the Open Government Licence (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.