

03/07/2026

NN-ICB/26-1657

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 12 June 2026, regarding NHS talking therapies contract (NottsTalk) currently jointly commissioned to Everyturn and Vita Health Group. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

Please find below our response to your request:

1. Please provide details of the funding of the Nottingham and Nottinghamshire NHS talking therapies contract (NottsTalk) currently jointly commissioned to Everyturn and Vita Health Group; as an annual budget for the last 5 years.

The current contract with Vita, to provide NHS Talking Therapies across Nottingham and Nottinghamshire was not commissioned by the ICB until April 2023. From that date, the annual values are detailed below:

- 2023/24 - £19,822,960
- 2024/25 - £20,596,056
- 2025/26 - £21,178,924
- 2026/27 - £21,581,323.

2. Please confirm the number of entry/recruitment places created for Trainees and their designations across the past 5 years (e.g. 2 x trainee PWP, 2 x trainee High Intensity 20/21, 4 x trainee PWP 1 x trainee High Intensity 21/22, including the current cost per student ego: 13,000 per student for Educational placement, plus Band 6 salary).

The ICB approved the following places with agreement with NHS England.

- 2022/23 – PWP 17; HIT (Cognitive Behaviour Therapy only) 30 WTE
- 2023/24 – PWP 34; HIT (Cognitive Behaviour Therapy & Other Modality Training) 17 WTE
- 2024/25 – PWP 20; HIT (Cognitive Behaviour Therapy & Other Modality Training) 15 WTE
- 2025/26 – PWP 28; HIT (Cognitive Behaviour Therapy & Other Modality Training) 38 WTE
- 2026/27 – PWP 28 ; HIT (Cognitive Behaviour Therapy & Other Modality Training) 28 WTE

Trainee salaries are within the NHS agenda for change pay scales – bottom of scale band 4 for a PWP and bottom of scale band 6 for HIT.

NHS England fund the training places and 60% of the salary costs during the training period and the ICB funds the remaining 40%.

The ICB does not hold information about how many were recruited or retained or completed training.

3. Please confirm the number of completions/graduations of traineeships/educational programmes in the same format for the previous 5 years to the current date. (e.g. 2 x PWP, 2 x High Intensity 20/21, 3 x PWP 0 x High Intensity 21/22), where you specifically log failures to complete, please state this.

The ICB does not hold this information.

You may wish to contact the Talking Therapy provider - Vita Health Group – by email at: notts.tt.admin@notts-talk.co.uk or via their website - [Contact Us | Notts Talking Therapies](#) for aspects of the FOI which the ICB does not hold information for.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Governance and Assurance via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.