

18/06/2026

NN-ICB/26-1623

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 20 May 2026, regarding Vita Health Group Limited (NottsTalk) NHS Talking Therapies Trainee Data. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we do not hold the information requested.

Details of your request:

- A. The total number of trainee therapists (High Intensity / HIPI / PWP) placed with Vita Health Group Limited (trading as NottsTalk) under the NHS Talking Therapies contract commissioned by this ICB, for each training cohort year from 2020/21 to 2025/26 inclusive.
- B. The number of those trainees who successfully completed the programme and qualified in each of those years.
- C. The number of those trainees who did not complete the programme in each of those years, broken down by reason where recorded (e.g. voluntary withdrawal, dismissal, fitness to practise, academic failure).
- D. Any formal complaints, concerns, or patient safety incidents logged by the ICB or its Contracts and Commissioning Team relating to trainee supervision arrangements, clinical governance, or data handling at Vita Health Group / NottsTalk during the same period.
- E. Any contract performance notices, remediation plans, or formal contract management actions taken in relation to Vita Health Group's NHS Talking Therapies contract during the same period.

Our response to your request:

The ICB does not hold the information requested in parts A-E insofar as it relates to trainee-level recruitment, progression, completion outcomes, withdrawals, complaints specific to trainees, or provider operational training records.

Vita Health Group was not commissioned by the ICB until April 2023; from this point the ICB does hold information on the number of commissioned training *places* agreed for 2023/24, 2024/25 and 2025/26, however, it does not hold information on the number of trainees recruited, their individual training outcomes or reasons for non-completion.

The ICB also does not hold records of trainee-level complaints or incidents, as contract monitoring information is held at service performance level rather than individual trainee level.

You may wish to contact the Talking Therapy provider - Vita Health Group - by email at: notts.tt.admin@notts-talk.co.uk or via their website - [Contact Us | Notts Talking Therapies](#).

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Governance and Assurance via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.