

11/06/2026

NN-ICB/26-1613

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 13 May 2026, regarding adult open rehabilitation and step down provision. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

Please find below our response to your request:

We would be grateful if you could provide the following information in relation to community-based open rehabilitation and step-down provision for adults with mental health needs, neurodevelopmental conditions, learning disabilities and complex psychosocial presentations.

1. Current Demand and Placement Need

- a) Does your organisation currently commission or utilise open rehabilitation or step-down rehabilitation services from independent providers?

No, NHS Nottingham and Nottinghamshire Integrated Care Board does not currently commission or utilise open rehabilitation or step-down rehabilitation services from independent providers.

- b) Approximately how many individuals are currently placed within open rehabilitation or community rehabilitation settings?

Approximately 18 patients are currently placed in open rehabilitation beds, commissioned via the mental health trust – Nottinghamshire Healthcare NHS Foundation Trust - and not with independent providers.

- c) What are the most common presenting needs requiring this type of placement?

The Freedom of Information Act (FOIA) only applies to recorded information. Requests for opinions, thoughts, or general queries not captured in an existing written document are not valid FOI requests.

2. Hospital Discharge and Delayed Transfer Pressures

- a) Approximately how many individuals are currently experiencing delayed discharge from:
- Acute mental health wards

- Rehabilitation wards
- PICU or low secure settings
- Specialist autism or learning disability services
- What are the most common barriers to discharge?

There are approximately 7-10 individuals who are experiencing delays in specialist LD/ASD inpatient settings, at any given time. These delays are overseen by regular escalation meetings, whilst awaiting community-based provision.

For LD/ASD inpatients the 3 common barriers to discharge, are lack of clinical readiness; ongoing risk issues; and legal frameworks.

3. Out-of-Area Placements

- a) Does your organisation currently place individuals outside of its local area for rehabilitation or step-down support?

No, NHS Nottingham and Nottinghamshire Integrated Care Board does not place individuals outside of its local area for rehabilitation or step-down support.

- b) If yes:

- Approximately what proportion of placements are out-of-area? Not applicable.
- What are the primary reasons for out-of-area placements? The Freedom of Information Act (FOIA) only applies to **recorded information**. Requests for opinions, thoughts, or general queries not captured in an existing written document are not valid FOI requests.
- Is reducing out-of-area placements a current strategic objective? Yes.

4. Service User Cohorts

- a) What service user groups are currently most difficult to place within community rehabilitation settings?
- b) Are there identified gaps in provision for individuals with:

- Autism
- Learning disabilities
- Dual diagnosis
- Personality disorder
- Complex trauma
- Forensic histories
- Behaviour that challenges

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5. Current Provider Market and Sufficiency

- a) Does your organisation currently identify a shortage of rehabilitation or step-down placements?

Discussions regarding the inpatient pathway and supporting pathways are ongoing.

- b) Are there specific rehabilitation models or service types currently required but limited in availability?

No.

- c) Does your organisation have a current rehabilitation, mental health, or accommodation sufficiency strategy? If so, please provide a copy or link where available.

Please find a link to the ICB's Nottingham and Nottinghamshire Integrated Mental Health Pathway: Strategic Plan 2024/25-2026/2027 [PowerPoint Presentation](#).

6. Placement Models and Support Levels

- a) What support levels are most commonly commissioned?

- 24-hour staffed rehabilitation
- Waking-night support
- Positive Behaviour Support models
- Transitional or move-on support

The ICB does not hold this information.

- b) What are the most common referral pathways into these services?

Referrals to open rehab and step down placements are usually from acute mental health inpatient settings.

7. Spend and Commissioning

- a) What was the approximate total spend on independent rehabilitation or step-down placements in the last financial year?

Zero total spend, as the ICB does not commission independent rehabilitation or step down placements.

- b) How are such services typically commissioned?

- Framework agreements
- Spot purchasing
- Approved provider lists
- Block contracts

Not applicable.

8. Quality and Outcomes

- a) What are the most important factors considered when sourcing rehabilitation placements?
- b) What outcomes are considered most important when evaluating placement success?

- c) What are the most common reasons for placement breakdown?

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9. Commissioning Contacts

- a) Please provide the structure or generic contact details for the teams responsible for:

- Rehabilitation commissioning
- Complex mental health commissioning
- Learning disability/autism commissioning
- Hospital discharge pathways

To contact staff within the above teams, please use the Contact Us page on the ICB's Website - [General Enquiries - NHS Nottingham and Nottinghamshire ICB](#).

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Governance and Assurance via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board nnicb-nn.foi@nhs.net

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