

Notes From Nottingham and Nottinghamshire ICS NatPSA Sodium Valproate Stakeholders Meeting

Wednesday 22nd January 2025

9.30am – 10.15am via MS Teams

Present:

NHS Nottingham & Nottinghamshire ICB

Nottingham University Hospitals

Sherwood Forest Hospitals Trust

General Practice

No.	Item	Action
1.	Welcome, Introductions & Apologies ICB welcomed everyone to the meeting and apologies were received.	
2.	Notes of the Last Meeting The notes were recorded as an accurate record of the meeting held on 29 th October 2024.	
3.	Primary Care Task & Finish Group Q&A Information Sheet – ICB advised that the information sheet had been circulated for comments, and that it is a re-worked version of the old SOP. ICB explained that as a Task & Finish Group we do not have the jurisdiction to approve documents, so once any amendments are made it will need to go to the MSO Network Group for approval. The next meeting of the MSO group is on 25th February 2025. ICB was asked to make sure GP Prescribing Leads along with jobbing GPs and the LMC be sent the information sheet and ask them for comments. The sheet will be for GP practices to use, not specifically GPs. The information sheet will be a good place to start with helping them with their patients prescribed sodium valproate. ARAF Forms - ICB would like confirmation from secondary care on where they will be storing completed ARAF forms. ICB suggested a centralised space should be considered. At NUH ARAF forms will be stored in patients record and a copy sent direct to patients GP. This is a paper copy but hoping to change to a digital form as soon as possible. General Practice suggested it may be a good idea to also put information on patients NHS APP. Once a decision has been agreed on exactly where ARAF forms will be stored the information will be added to the information sheet. Update on SystmOne and EMIS Searches – ICB agreed to re-check the searches on both SystmOne and EMIS.	

	ICB asked if there was a national easy read patient leaflet for male patients, and if there is not one available, can we produce one ourselves?	
4.	Organisational Feedback NUH – advised that a Trust wide procedure has gone through for ratification. A procedure for offender health (male patients only) is needed. In offender health patients come from all over the country to NHCT, and there can be a struggle to get information from neurologists. The first draft of a digital form has gone through to RIO for adding to the system. ICB advised that if any organisation is looking for any specific training for nursing staff and medics around sodium valproate specifically, they should look at PrescQIPP and specialist pharmacy services. In house training sessions would be helpful. General Practice suggested a PLT session showing sodium valproate prescribing, ARAF forms etc. would be helpful. ICB stated a future webinar on Drugs in Pregnancy could be a consideration. Topiramate – ICB advised that work has commenced looking at risk stratification. General Practice advised that GPs need clear guidance on topiramate.	
5.	Date & Time of Next Meeting The decision was made that no further meetings of the group were needed at this time. The work will continue via the MSO Network and MSO Operational Groups. ICB thanked everyone for attending the meetings and for the work progressed.	