

09/03/2026

NN-ICB/26-1509

Dear Requestor

**Re: Freedom of Information Request**

Thank you for your request for information, received on 11 February 2026, regarding the Right to Choose Framework for Adult ADHD and Autism Assessments. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested. However, please note that some of the information you requested has been withheld. Under the FOIA, certain exemptions may apply to protect sensitive information.

**Please find below our response to your request:**

Please provide the most recent available data (as of February 2026), or the latest reported figures if more recent data is unavailable.

**1. Current waiting lists / demand for assessments:**

- a. The total number of people currently waiting for an adult (18+) ADHD assessment via NHS-commissioned services (including both local NHS pathways and Right to Choose providers).
- b. The total number of people currently waiting for an adult (18+) autism assessment via NHS-commissioned services (including both local NHS pathways and Right to Choose providers).

The ICB does not hold this information. The data is not currently available due to an ongoing data cleansing exercise.

- c. If available separately: the number of people waiting specifically via Right to Choose referrals (or an estimate/indication of the proportion).

The ICB does not hold this information.

- d. The same information as above, but for children and young people (under 18), if your ICB commissions or holds data for neurodevelopmental assessments in that age group via Right to Choose.

The ICB does not hold this information. You may wish to contact individual locally commissioned NHS providers to request this and how to submit a Freedom of Information request to each provider can be found on their website links below:

- Nottingham University Hospitals NHS Trust - <https://www.nuh.nhs.uk/freedom-of-information>

- Sherwood Forest Hospitals NHS Foundation Trust - [Freedom of Information | Sherwood Forest Hospitals](#)
- Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust - <https://www.dbth.nhs.uk/contact/freedom-of-information/>.

e. Median and longest reported waiting times (in weeks or months) for adult ADHD and adult autism assessments in your area (via any NHS-funded route, including Right to Choose).

The ICB does not hold this information. The data is not currently available due to an ongoing data cleansing exercise.

## 2. Indicative Activity Plans (IAPs) or activity limits:

a. Details of any current Indicative Activity Plans (IAPs), activity caps, funding limits, or restrictions applied to Right to Choose providers for adult ADHD and/or autism assessments in the current financial year (or most recent period).

The ICB does not have Activity Plans for Right To Choose Providers. There are no activity caps, funding limits or restrictions that are applied to Right To Choose Providers for adult ADHD and/or Autism assessments. Providers have to evidence that they have an NHS eligible contract with either an ICB within England or NHS England, in line with Patient Choice legislation.

b. The total number of assessments (or indicative activity volume) allocated or agreed for Right to Choose providers for adult ADHD and adult autism in the current financial year.

The ICB does not directly commission any Right to Choose (RTC) providers to deliver adult ADHD and adult autism diagnostic assessments, so has no contracted activity volume. However, the ICB does have Right to Choose non-contract activity.

Please note that a Section 12 (Cost Limit Exemption) has been applied to Question 2b.

The ICB's data does not itemise adult ADHD and autism assessments separately from other neurodevelopmental services, and are instead included within broader data lines that also cover other activity such as follow-up appointments, treatment, and medication.

In order to identify and extract only the total number of adult ADHD and adult autism assessments allocated or agreed for Right to Choose Providers, would require manual review and analysis of individual invoice lines, exceeding the statutory cost limit. The ICB therefore refuses to provide this information under Section 12(1) of the Freedom of Information Act 2000.

For example, for the financial year 2025/26 to date, we estimate that approximately 6,000 individual invoice lines would need to be reviewed. At a conservative estimate of 20 seconds per invoice line, this would equate to just over 33 hours of staff time.

Under the Freedom of Information and Data Protection (Appropriate Limit and Fees) Regulations 2004, the appropriate cost limit for NHS bodies is £450, which equates to 18 hours of staff time at £25 per hour. As the estimated time required to comply with this request significantly exceeds the statutory cost limit, the ICB is refusing to provide this information under Section 12(1) of the Freedom of Information Act 2000.

### Advice and Assistance – Section 16 FOIA

In accordance with Section 16 of the Freedom of Information Act 2000, the ICB can offer advice and assistance to help you refine your request. It may be possible to provide data for a shorter time period (i.e. one calendar month), which may fall within the appropriate cost limit.

- c. Any planned changes to IAPs, caps, or commissioning for the next financial year.

The ICB is reviewing our model which could lead to changes in the next financial year.

### 3. Commissioning of new providers:

- a. The name(s), job title(s), and direct email address(es) (or team inbox if individual contact is not available) of the person(s) or team responsible for commissioning / procuring new or additional providers for ADHD and/or autism assessment services under the Right to Choose framework.

The Team responsible for commissioning / procuring new or additional providers for ADHD and/or autism assessment services under the Right to Choose framework can be contacted via email at [nnicb-nn.choiceaccreditation@nhs.net](mailto:nnicb-nn.choiceaccreditation@nhs.net).

- b. Any current open procurement/framework opportunities, expressions of interest, or processes for approving new Right to Choose providers for adult ADHD and/or autism assessments.

There are no current open procurement or framework opportunities in place or processes in place for approving new providers, aside from ascertaining whether a provider has an eligible contract in place.

Any procurements will be advertised on the Find a Tender Service Portal - [Find a Tender Service \(FTS\)](#).

- c. If no such process is currently open, the anticipated timeline for the next review or commissioning round for additional providers.

Please see responses to Questions 2c and 3b above.

Please see attached the Right to Choose FAQs which you may find useful.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Governance and Assurance via [lucy.branson@nhs.net](mailto:lucy.branson@nhs.net) or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board [nnicb-nn.foi@nhs.net](mailto:nnicb-nn.foi@nhs.net)

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via [nnicb-nn.foi@nhs.net](mailto:nnicb-nn.foi@nhs.net). All requests for re-use will be responded to within 20 working days of receipt.