

05/03/2026

NN-ICB/26-1501

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 5 February 2026, regarding adult ADHD process. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we do not hold the information requested.

Please find below our response to your request:

1. Do you have a clinical commissioning policy, clinical framework, or similar documentation that defines how you regulate adult ADHD activity, including thresholds for defining mild / moderate / severe symptoms and/or impairment, and any prioritisation, expedite or exclusion criteria you have? If so, please share the most recent associated documentation.

No, the ICB does not have a clinical commissioning policy or clinical framework.

The following link provides information on the service commissioned by the ICB: [Neurodevelopmental Referral Pathway for Adults | Nottinghamshire Healthcare NHS Foundation Trust](#).

Please see page 7 of the attached (A) Service Specification for the exclusion criteria for the Nottinghamshire Neurodevelopmental Specialist Service (NeSS).

This commissioned service is provided by Nottinghamshire Healthcare NHS Foundation Trust (NHT), all other activity is via the Right to Choose process which the ICB does not directly commission. Governance and 'regulation' will be undertaken by the commissioning ICB.

Please also see attached (B) the Right to Choose FAQs which you may find useful.

For further information, you may wish to contact Nottinghamshire Healthcare NHS Foundation Trust and how to submit a Freedom of Information can be found on their website - <https://www.nottinghamshirehealthcare.nhs.uk/c-freedom-of-information>.

2. If you have a triage hub, prior approval scheme, or similar function, please share any service specification or similar documentation to describe service delivery.

Nottingham and Nottinghamshire ICB does not have a triage hub, prior approval scheme or similar function in place.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Governance and Assurance via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.