

17/02/2026

NN-ICB/26-1497

Dear Requestor

**Re: Freedom of Information Request**

Thank you for your request for information, received on 2 February 2026, regarding Nottingham City Central Highbury gender bias. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we do not hold the information requested.

**Details of your request:**

1. The percentage of males and females who receive each modality of therapy from Nottingham City Central LMHT (henceforth CCLMHT).
2. The average number of therapy appointments given to male patients and to female patients, by CCLMHT.
3. The percentage of male and female patients who disclose childhood abuse or adulthood domestic abuse, who receive one-on-one therapy for over 8 sessions, from CCLMHT.
4. The percentage of male and female patients who disclose childhood abuse or adulthood domestic abuse, who receive trauma-informed therapy, from CCLMHT.
5. The percentage of male and female patients who disclose a history of mental health disorders, who are allowed to have retroactive diagnoses put onto their record.
6. The percentage of male and female patients who disclose childhood abuse or adulthood domestic abuse, who receive each modality of therapy from CCLMHT (for example, but non-exhaustive: Cognitive Behavioural Therapy, Cognitive Analytical Therapy, Dialectical Behavioural Therapy, Acceptance and Commitment Therapy, Compassion-Focused Therapy, Social Skills Training).
7. The percentage of male and female patients who have had mental health difficulties for 3+ years, who receive one-on-one therapy, from CCLMHT.
8. The percentage of male and female patients who have had mental health difficulties for 10+ years, who receive one-on-one therapy, from CCLMHT.
9. The percentage of discharged male and female patients who rate CCLMHT positively, neutrally or negatively.
10. The percentage of male and female patients who were allocated a care co-coordinator while under CCLMHT, with this allocation being present for a period of at least 3 months.
11. The percentage of male and female patients who received support around accessing benefits, housing and homelessness prevention, from CCLMHT.

## **Our response to your request:**

The ICB does not hold this information.

You may wish to contact Nottingham University Hospitals NHS Trust to request this and how to submit a Freedom of Information request can be found on their website link - <https://www.nuh.nhs.uk/freedom-of-information>.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via [lucy.branson@nhs.net](mailto:lucy.branson@nhs.net) or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board [nnicb-nn.foi@nhs.net](mailto:nnicb-nn.foi@nhs.net)

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via [nnicb-nn.foi@nhs.net](mailto:nnicb-nn.foi@nhs.net). All requests for re-use will be responded to within 20 working days of receipt.