



23/02/2026

NN-ICB/26-1485

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 26 January 2026, regarding adult ADHD diagnostic assessments via Right to Choose (RTC). We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested. However, please note that some of the information you requested has been withheld. Under the FOIA, certain exemptions may apply to protect sensitive information.

Please find below our response to your request:

Commissioned activity volumes

1. For adults requiring an ADHD diagnostic assessment, how many assessments are currently commissioned by your ICB to be delivered via Right to Choose:
 - a. On an ongoing basis (e.g. a contracted number per month and/or per financial year)?
 - b. As part of any time-limited plan (e.g. an agreed number to be completed by a specified date)?

The ICB does not directly commission any Right to Choose (RTC) providers to deliver ADHD diagnostic assessments. However, patients registered with GP practices within the ICB footprint may exercise their legal Right to Choose and be referred to providers commissioned by other ICBs. As such, there are no contracted activity volumes held by this ICB for RTC ADHD assessments.

Actual activity delivered

2. How many adult ADHD diagnostic assessments via RTC were actually completed for your ICB population in:
 - a. Financial year 2024/25 (or the most recent completed financial year available)
 - b. Calendar year 2025 (if held)

The ICB does not hold this information.

Annual spend

3. What was the total spend by your ICB on adult ADHD diagnostic assessments delivered via RTC in:
 - a. Financial year 2024/25 (or the most recent completed financial year available).
4. Please state whether this includes assessment-only, follow-up appointments, and/or any additional costs (e.g. admin fees).

Please note that a Section 12 (Cost Limit Exemption) has been applied to questions 3 and 4.

The ICB's financial ledger includes expenditure relating to ADHD services. However, these costs are not itemised separately from other related services, such as ASD diagnostic assessments, follow-up appointments, and medication costs.

To identify and extract the specific spend on adult ADHD diagnostic assessments delivered via RTC would require manual review and analysis of individual invoice line items.

For example, in the financial year 2024/25, approximately 3,660 invoice lines would require review. At a conservative estimate of 20 seconds per invoice line, this would equate to just over 20 hours of staff time.

Under the Freedom of Information Act 2000, the appropriate cost limit applicable to NHS ICBs is £450, equivalent to 18 hours of work at £25 per hour. As compliance with this request would exceed the statutory cost limit, the ICB is unable to provide this information.

In line with Section 16 of the FOIA (Advice and Assistance), the ICB would be happy to consider a refined or narrower request, for example covering a shorter time period, which may fall within the statutory cost threshold.

RTC provider landscape

5. How many external providers (organisations/companies) delivered NHS-funded adult ADHD diagnostic assessments via RTC for your ICB in the most recent completed financial year?

20.

6. Please provide the name of each provider (if held).

- ADHD 360: CQC registered
- ADHDNet/Holistic ADHD solutions: CQC registered
- Atrom Mind Care: CQC registered
- Care ADHD: CQC Registered
- Clinical Partners: CQC registered
- Dr J and Colleagues: CQC registered
- Evolve: CQC registered
- Harrow Health: CQC registered
- Held Health: CQC registered
- Health Harmonie: CQC registered
- Help for Psychology: No information held re CQC, Provider is regulated by HCPC.
- LaTahzan: CQC registered

- Mantle Psychology: CQC Registered
- Oakdale Centre: CQC registered
- Problem Shared (Teledoctor): CQC registered
- PSICON: CQC registered
- Psychiatry UK: CQC registered
- RTN Mental Health Solutions: CQC registered
- Skylight Psychiatry: CQC registered
- The Owl Centre: CQC registered.

Regulation / CQC registration

7. For each provider delivering adult ADHD diagnostic assessments via RTC, please confirm whether they are CQC registered for the regulated activity(ies) relevant to the service they deliver (or confirm how many are CQC registered if provider-level details cannot be disclosed).

Please see response to question 6 above.

Assessor competence / quality assurance information requested by the ICB

8. What information does your ICB require or receive from RTC providers regarding assessor competence, including (where available):
- a. Professional qualifications / registration status of assessors
 - b. ADHD-specific diagnostic training (e.g. UKAAN or equivalent)
 - c. Relevant experience in ADHD diagnostic assessments (e.g. years or volume of assessments)
 - d. Clinical supervision arrangements
 - e. Governance / quality assurance processes (e.g. audit, clinical oversight, peer review)

The ICB does not routinely receive provider-level workforce or clinical governance assurance information from RTC providers commissioned by other ICBs. However, contractual and assurance arrangements are managed by the commissioning ICB, and the ICB holds copies of relevant provider contracts where applicable.

Outcome and reporting expectations (if held)

9. Do RTC providers report any of the following to your ICB? If yes, please state which metrics are collected:
- a. Diagnostic outcome rates (ADHD diagnosed vs not diagnosed)
 - b. Waiting times (referral to assessment, assessment to outcome)
 - c. DNA/cancellation rates
 - d. Patient experience measures

No. The ICB does not routinely receive performance, outcome, or quality metrics from RTC providers commissioned by other ICBs.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board nnicb-nn.foi@nhs.net

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