

17/02/2026

NN-ICB/26-1483

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 23 January 2026, regarding adult ADHD specific commissioning policies. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

Please find below our response to your request:

I request copies of the following documents and information (not limited to my case):

- Any current or recent policies, guidelines, commissioning decisions or instructions used by Nottingham and Nottinghamshire ICB relating to:
 - Referrals for adult ADHD assessment;
[Please see attached FAQs.](#)
 - Use of the NHS Right to Choose for ADHD assessment and treatment;
[Please see attached FAQs.](#)
 - Any restrictions, suspensions, or criteria which limit access to ADHD assessment via Right to Choose for adults in your area.
[None.](#)
 - The reasoning behind the decision for restricting or suspending the criteria limiting access to ADHD assessment.
[Not applicable.](#)
- Any documents (policies, board papers, minutes, or briefings, redacted as necessary) that explain:
 - decisions to commission or not commission ADHD services for adults;
[None held regarding decisions to commission or not to commission ADHD services for adults.](#)
 - any recent changes (i.e. within the last five years) affecting adults seeking ADHD assessment via Right to Choose.
[None.](#)

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.