

05/02/2026

NN-ICB/26-1466

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 14 January 2026, regarding ADHD and Autism services data. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested. However, please note that some of the information you requested has been withheld. Under the FOIA, certain exemptions may apply to protect sensitive information.

Please find below our response to your request:

1. Total spending on ADHD assessment and treatment services for financial years 2023/24 and 2024/25.

The ICB does not hold this information.

The assessment and treatment is combined within a Block Contract with the NHS providers, and we are unable to provide a split of spending on ADHD separately.

2. Total spending on autism assessment services for financial years 2023/24 and 2024/25.

The ICB does not hold this information.

The assessment is combined within a Block Contract with the NHS providers, and we are unable to provide a split of spending on Autism separately.

3. Of the spending in questions 1 and 2, the amount paid to private/independent sector providers.

Please note that a Section 12 (Cost Limit Exemption) has been applied to Question 3.

The ICB does hold the information in relation to the amount paid to private/independent providers through Right To Choose (patient choice), however, it is not possible to provide the information without undertaking an exercise to locate, retrieve and extract large amounts of data. This would equate to a significant amount of time to ensure the accurate extraction of information and would exceed the appropriate cost limit of £450.

The Freedom of Information Act states that the appropriate limit to be applied to requests received by the ICB is £450 (equivalent to 18 hours of work at £25 per hour) in estimating the cost of complying with the request for information. The ICB can only take into account any reasonable costs incurred in:

1. Determining whether it holds the information;
2. Locating the information, or document which may contain the information;
3. Retrieving the information, or document which may contain the information; and
4. Extracting the information from a document containing it.

Advice and Assistance (Section 16 FOIA)

In accordance with section 16 of the Freedom of Information Act 2000, the ICB is able to offer advice and assistance to help you refine your request.

In relation to question 3, it may be possible to provide information for a smaller time period, which may fall within the appropriate cost limit.

4. Current number of people on waiting lists for ADHD assessment (as of most recent available data).

For Children and Young People, the ICB does not hold this information.

You may wish to contact individual providers to request this and how to submit a Freedom of Information request to each provider can be found on their website links below:

- Nottingham University Hospitals NHS Trust - <https://www.nuh.nhs.uk/freedom-of-information>
- Sherwood Forest Hospitals NHS Foundation Trust - [Freedom of Information | Sherwood Forest Hospitals](#)
- Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust - <https://www.dbth.nhs.uk/contact/freedom-of-information/>.

For adults, the total number of people awaiting an ADHD assessment is 5,355, however waiting list cleansing is planned to obtain a more accurate figure.

5. Current number of people on waiting lists for autism assessment (as of most recent available data).

For Children and Young People, the ICB does not hold this information.

You may wish to contact individual providers to request this and how to submit a Freedom of Information request to each provider can be found on their website links below:

- Nottingham University Hospitals NHS Trust - <https://www.nuh.nhs.uk/freedom-of-information>
- Sherwood Forest Hospitals NHS Foundation Trust - [Freedom of Information | Sherwood Forest Hospitals](#)
- Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust - <https://www.dbth.nhs.uk/contact/freedom-of-information/>.

For adults, the total number of people awaiting an Autism assessment is 2,363, however, waiting list cleansing is planned to obtain a more accurate figure.

6. Any age-based restrictions currently applied to Right to Choose referrals for ADHD or autism assessments.

Yes, under 5 years of age for ADHD in line with NICE Guidance.

7. Current Right to Choose referral status (accepting/paused/restricted).

Accepting.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.