

19/01/2026

NN-ICB/25-1444

Dear Requestor

**Re: Freedom of Information Request**

Thank you for your request for information, received on 18 December 2025, regarding Talking Therapies contract information. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we do hold the information requested.

**Please find below our response to your request:**

I am writing to request information relating to the commissioning and contracting of NHS Talking Therapies services in your area. Please provide the following information for the period 1 January 2018 to present (or the period for which data is held) for NHS Talking Therapies services commissioned within your footprint, including services commissioned at place level. Where the information is held by a place-based commissioning team, CSU, or another NHS body on your behalf, please either provide the information or advise which organisation holds it.

1. The name(s) of the current provider(s) of NHS Talking Therapies services.
  - a) Vita Health Solutions Ltd.
  - b) SignHealth.
2. The name(s) of any previous provider(s), if different.
  - Insight.
  - Nottinghamshire Healthcare NHS Foundation Trust.
  - Trent PTS.
3. Contract start and end dates, including details of any extensions and whether they have been exercised.
  - a) Vita Health Solutions Ltd: Contract Start 1 April 2023, Contract End 31 March 2028. No option to extend.
  - b) SignHealth: Contract Start 1 April 2025, Contract End 31 March 2026. No option to extend.
4. Contract value (annual and total value, where available).
  - a) Vita Health Solutions Ltd – Annual value £21,178,924.00.
  - b) SignHealth – Activity-based contract. Expected annual value of £32,912.32.

5. The procurement route(s) used (e.g., open competitive tender, direct award, framework call-off).
  - a) Vita Health Solutions Ltd – Open competitive tender in accordance with the PSR Regulations.
  - b) SignHealth - Urgent award in accordance with regulation 14(2) of the PSR Regulations.
6. Whether the service is commissioned as:
  - o a standalone contract, or
  - o part of a wider mental health / block contract (and if so, the contract reference).
    - a) Vita Health Solutions Ltd – standalone contract.
    - b) SignHealth – standalone contract.
7. Any known plans or timelines for re-procurement, consolidation, or integration into wider mental health contracts.
  - a) Vita Health Solutions Ltd – future commissioning intentions to be determined.
  - b) SignHealth – current commissioning intention is to integrate this provision into a regional contract.
8. Where available, a copy of the current service specification and a list of headline KPIs or outcome measures used in contract performance monitoring.

Please see Service Specifications attached for:

- a) Vita Health Solutions Ltd.
- b) SignHealth.

Headline Performance targets are:

- 6 week wait – 75%
- 18 week wait – 95%
- 1st to 2nd wait - <10%
- Completed Treatments – 58%
- Recovery – 50%
- Reliable Improvement – 68%
- Reliable Recovery – 50%.

9. A list of **Freedom of Information requests** received since 1 January 2022 relating to NHS Talking Therapies services, including the FOI reference number, date received, brief description, and whether a response was issued (with a copy or link where available).

The following relevant FOI requests have been received into the ICB can be found on the ICB's Website - [Freedom of Information - NHS Nottingham and Nottinghamshire ICB](#).

Please note the ICB's Disclosure Log only dates back to mid-August 2023. On that basis, we attach the response to FOI 23-369 (see attachment C).

FOI Reference:	Date FOI was Received:	Status:
25-1368	October 2025	Uploaded to Disclosure Log
24-638	February 2024	Uploaded to Disclosure Log
23-635	February 2024	Uploaded to Disclosure Log
23-369	July 2023	Not available on Disclosure Log

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via [lucy.branson@nhs.net](mailto:lucy.branson@nhs.net) or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board

[nnicb-nn.foi@nhs.net](mailto:nnicb-nn.foi@nhs.net)

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via [nnicb-nn.foi@nhs.net](mailto:nnicb-nn.foi@nhs.net). All requests for re-use will be responded to within 20 working days of receipt.