

12/01/2026

NN-ICB/25-1434

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 11 December 2025, regarding ADHD service provision, demand and contracts. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

Please find below our response to your request:

1. Current Waiting Lists and Demand

a) Current number of people waiting for ADHD assessment (broken down by adults/children)

Data period is from 31st of October 2025 and relates to commissioned services.

- Adults: 5311 individuals waiting for an ADHD assessment with the Neurodevelopmental Specialist Service (NeSS), provided by Nottinghamshire Healthcare NHS Foundation Trust.
- Children and Young People: The ICB does not hold this information. You may wish to contact individual providers to request this; how to submit a Freedom of Information request to each provider can be found on their website links below:
 - Nottingham University Hospitals NHS Trust - <https://www.nuh.nhs.uk/freedom-of-information>
 - Sherwood Forest Hospitals NHS Foundation Trust - [Freedom of Information | Sherwood Forest Hospitals](#)
 - Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust - <https://www.dbth.nhs.uk/contact/freedom-of-information/>.

b) Average waiting time from referral to assessment (current data)

- Adults: As of October 2025 average wait time for ADHD assessment was 85.5 weeks with the NeSS service.
- Children and Young People: The ICB does not hold data on the average waiting times. This is due to the length of time that some children and young people will have been under care before an assessment for autism or ADHD is identified, so a median waiting time is used by

assessment providers in reporting to better account for this. The median has been provided in Table 1 below:

Table 1: CYP Autism and ADHD Assessment Providers

Community Paediatric Teams	Median Waiting Time
Doncaster and Bassetlaw Teaching Hospitals	The ICB does not hold this information
Nottingham University Hospitals	31 weeks for a first general appointment
Sherwood Forest Hospitals	11 weeks for a first general appointment

c) Longest current wait time for ADHD assessment

- Adults: 248 weeks
- Children and Young People: The longest wait for an assessment at Doncaster and Bassetlaw Teaching Hospitals is 69 weeks. The ICB does not hold this information for Nottingham University Hospitals and Sherwood Forest Hospitals. You may wish to request this directly from the providers as detailed above in 1a.

d) Number of referrals received monthly for ADHD assessment (last 12 months data)

- Adults: Please see Table 2 below.
- Children and Young People: Data for Doncaster and Bassetlaw Teaching Hospitals is in Table 3 below. The ICB does not hold this data from Nottingham University Hospitals and Sherwood Forest Hospitals therefore you may wish to request this directly. We have provided the number of new appointments for these two services instead in Table 3.

e) Number of assessments completed monthly (last 12 months data)

- Adults: The ICB does not currently hold this information, however there are plans in place to change the reporting requirements in order to receive this information. You may wish to contact the provider directly for this information: [Make a freedom of information request | Nottinghamshire Healthcare NHS Foundation Trust](#).
- Children and Young People: Please see Table 3 below.

Table 2: Adults ADHD Data for question 2d: Ness Service

Measure	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25
No of referrals received for assessment	352	354	268	390	343	312	284	293	279	311	236	216	280

Table 3: Children and Young People Data for questions 2d and 2e

Provider	Indicators	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25
Doncaster and Bassetlaw Teaching Hospitals	Total number of referrals received by Community Paediatrics for all conditions including ADHD	38	46	30	56	32	48	21	40	56	65	19	47	28
	Total ADHD Assessments Completed (Confirmed not ADHD) or Diagnosed (Confirmed ADHD)	7	1	5	6	7	6	9	11	11	4	4	8	3
Nottingham University Hospitals	Total new Community Paediatric appointments for all conditions including ADHD*	192	178	167	221	159	183	210	186	207	214	110	201	182
	Total ADHD Assessments Completed (Confirmed not ADHD) or Diagnosed (Confirmed ADHD)	57	67	51	61	37	55	76	51	51	76	93	123	Currently unknown due to reporting changes in the hospital
Sherwood Forest Hospitals	Total new Community Paediatric appointments for all conditions including ADHD*	105	113	78	139	102	131	104	128	95	104	62	94	100

Total ADHD Assessments Completed (Confirmed not ADHD) or Diagnosed (Confirmed ADHD)	32	29	30	35	30	40	37	44	40	45	30	39	35
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* Please note the ICB does not receive the number of referrals from Nottingham University Hospitals and Sherwood Forest Hospitals but have provided the number of new appointments instead.

2. Service Providers and Contracts

a) List of all NHS providers delivering ADHD assessment services in your area

Table 4

Provider Organisation	Service Provided	Geographical area covered
Nottinghamshire Health Care Foundation Trust	Adult ADHD and Autism Assessment and Treatment (Neurodevelopmental Specialist Service (NeSS)) for people aged 17.5+	Nottingham and Nottinghamshire
Doncaster and Bassetlaw Teaching Hospitals NHS Trust	Community Paediatrics provides autism and ADHD assessments and ADHD medication for children and young people	Bassetlaw
Nottingham University Hospitals NHS Trust	Community Paediatrics provides autism and ADHD assessments and ADHD medication for children and young people	Nottingham City and South Notts
Sherwood Forest Hospitals NHS Trust	Community Paediatrics provides autism and ADHD assessments and ADHD medication for children and young people	Mid Notts

b) List of all Right to Choose providers currently accepting referrals from your ICB

- ADHD 360
- Atrom Mind Care
- Care ADHD
- Clinical Partners
- Dr J and Colleagues
- Evolve
- Harrow Health
- Held Health
- Health Harmonie
- Help for Psychology
- LaTahzan
- Mantle Psychology
- Oakdale Centre

- Problem Shared
- PSICON
- Psychiatry UK
- RTN Mental Health Solutions
- Skylight Psychiatry
- The Owl Centre

c) Contract values and duration for each ADHD service provider

- Please see Table 5 for the information relating to our commissioned services. This doesn't include the Right To Choose providers listed above as the ICB doesn't hold a contract with these providers, activity is provided under non-contracted activity.

Table 5

Provider Organisation	Contract Duration and End Date	Annual Contract Value
Nottinghamshire Health Care Foundation Trust	5 years ends 31st March 2030	Mental health and LDA Block contract – annual block contract value for 2025/26 £196,109,155.27. We are unable to provide a breakdown for ADHD.
Doncaster and Bassetlaw Teaching Hospitals NHS Trust	Rolling acute contract reviewed annually	To be requested from South Yorkshire ICB as the lead commissioner
Nottingham University Hospitals NHS Trust	Rolling acute contract reviewed annually	£5,588,584 The contract value provided is for the whole Community Paediatrics service. We are unable to provide a breakdown for ADHD.
Sherwood Forest Hospitals NHS Trust	Rolling acute contract reviewed annually	£2,343,389 The contract value provided is for the whole Community Paediatrics service. We are unable to provide a breakdown for ADHD.

d) Service specifications for ADHD assessment and treatment contracts

- Adults: The service specification for Nottinghamshire Healthcare Trust Neurodevelopmental Specialist Service (NeSS) – see attachment A.
- Children and Young People:
 - The service specification for Nottingham University Hospitals is attached - see attachment B.
 - The ICB does not hold a service specification for Sherwood Forest Hospitals.
 - The contract with Doncaster and Bassetlaw Teaching Hospitals is held by South Yorkshire ICB as the lead commissioner and should be requested from them directly.

e) Key Performance Indicators (KPIs) for each contract

- Adults: Please see section 3.2 in the service specification attached for Nottinghamshire Healthcare NHS Trust.
- Children and Young People: Please see appendix 2 in the service specification attached for Nottingham University Hospitals. Please see response 2d for Sherwood Forest Hospitals and Doncaster and Bassetlaw Teaching Hospitals.

3. Capacity and Workforce

a) Current funded capacity for ADHD assessments per month

- Adults: As ADHD assessments are funded through a block contract, funded capacity for ADHD assessments per month is not specified.
- Children and Young People: As ADHD assessments are funded through a block contract, funded capacity for ADHD assessments per month is not specified.

b) Number of clinical staff (WTE) providing ADHD assessments

- The ICB does not hold this information for assessment only. You may wish to request this directly from the provider, as detailed in 2e.
- Children and Young People: The ICB does not hold this information. You may wish to request this directly from the providers as detailed above in 1a.

c) Details of any service restrictions (e.g., age limits, geographical restrictions)

- Adults: 17.5 + years of age – available to anyone registered with a GP within the Nottingham and Nottinghamshire Integrated Care Board Boundary.
- Children and Young People: All services are commissioned to see 0 - 17.5 years. Geographical cover is detailed under 2a, Table 4.

d) Plans for expanding capacity in 2025/26

- Adults: We are reviewing our model with system partners to develop an improved pathway with reduced waiting times.
- Children and Young People: We are reviewing our end to end neurodevelopmental pathway (autism and ADHD) and developing an options appraisal for a sustainable pathway that can flex to meet local needs and reduce waiting times.

4. Clinical Pathways

a) Current clinical pathways for ADHD assessment (adults and children)

- Adults: Model described in service specification which **is attached (paragraph 3.2)**. Details on our commissioned ADHD pathway can be found on our local website here: [Pathway Guidance | Minds of All Kinds - Notts](#)
- Children and Young People: Details on our commissioned ADHD pathways can be found on our local website here [Pathway Guidance | Minds of All Kinds - Notts](#)

b) Shared care agreements/protocols with primary care

- Adults: Details on local Shared Care arrangements for ADHD medication can be found here [Shared Care - Nottinghamshire Area Prescribing Committee](#).
- Children and Young People: Details on local Shared Care arrangements for ADHD medication can be found here [Shared Care - Nottinghamshire Area Prescribing Committee](#).

c) Post-diagnostic support services available

- Adults: Post diagnostic support is provided by NeSS: [Neurodevelopmental Specialist Service \(NeSS\) | Nottinghamshire Healthcare NHS Foundation Trust](#). Support includes a personalised care plan, access to online tools & resources, pharmacological treatment, providing titration and stabilisation, prescribing and monitoring of ADHD medication, and non-pharmacological treatment such as cognitive behaviour therapy, speech and language therapy and occupational therapy. There is also access to the recovery college for a peer-led ADHD course.
- Children and Young People: Post-diagnostic support is available from the following commissioned services:
 - Bassetlaw A Place To Call Our Own (APTCOO) [Nottshelpyourself | APTCOO in Bassetlaw Tall Trees](#)
 - Nottinghamshire County Neurodevelopmental Support Team (NST) [Nottshelpyourself | SEND Local Offer - Neurodevelopmental support team \(Family Service\)](#)
 - Nottingham City Neurodevelopmental Pathway and Support Team (NPST) [Neurodevelopmental Pathway & Support Team \(NPST\) | Ask Lion - Nottingham City Directory](#)
 - Links to additional support available is on our Minds of All Kinds Notts website here [Support | Minds of All Kinds - Notts](#)

d) Medication initiation and monitoring arrangements

- Adults: Annual or earlier if there is a change in needs. Please see our local Shared Care guidelines (linked in 4b above) for details.
- Children and Young People: 3-6 monthly monitoring and annual medication reviews. Please see our local Shared Care guidelines (linked in 4b above) for details.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make

a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.