

07/01/2026

NN-ICB/25-1431

Dear Requestor

**Re: Freedom of Information Request**

Thank you for your request for information, received on 10 December 2025, regarding NHS funding criteria for body contouring surgery following massive weight loss. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we do hold the information requested.

**Please find below our response to your request:**

For each of the questions below please provide any relevant policies and information regarding how long the policy has been in place and/or if a policy is being planned or considered or is potentially changing in the future:

1. Do you either routinely fund, or provide criteria based access to funding for any form of body contouring surgery e.g., apronectomy, following massive weight loss?

The ICB does not commission Abdominoplasty, body contouring procedures, removal of excess skin, following weight loss by whatever means. Please refer to page 163 of the ICB's Value Based Commissioning Policy, which can be found within the Commissioning Policies on the ICB's website, About Us, Our Policies and Procedures - <https://notts.icb.nhs.uk/about-us/our-policies-and-procedures/>.

2. If you do provide criteria based access, please provide details of the criteria, or where these details where this information can be found.

Please see link to the Nottingham and Nottinghamshire ICB Value Based Commissioning Policy at the link provided at Question 1 above.

3. If you provide either criteria based access or routine funding, is this just for apronectomy, or is access provided to other body contouring procedures after massive weight loss e.g. brachioplasty.

Nottingham and Nottinghamshire ICB does not provide criteria based or routine funding for Abdominoplasty, nor do they routinely commission body contouring procedure after weight loss, by whatever means.

4. If you provide criteria based funding, is any form of prior approval required before listing the patient.

Not applicable – no criteria-based funding is available.

All requests of this nature would require the submission of an Individual Funding Request (IFR) application.

5. How long has the current policy been in place, and are there any planned or pending changes to this policy?

The Value Based Commissioning Policy has been effective from 1 February 2024.

Due to new clustering arrangements, it is anticipated that policy alignment of existing policies across NHS Derby and Derbyshire, NHS Lincolnshire and NHS Nottingham and Nottinghamshire ICBs will require alignment by April 2027. It should be noted that this timeframe is subject to national directive.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via [lucy.branson@nhs.net](mailto:lucy.branson@nhs.net) or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board [nnicb-nn.foi@nhs.net](mailto:nnicb-nn.foi@nhs.net)

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via [nnicb-nn.foi@nhs.net](mailto:nnicb-nn.foi@nhs.net). All requests for re-use will be responded to within 20 working days of receipt.