

23/12/2025

NN-ICB/25-1423

Dear Requestor

**Re: Freedom of Information Request**

Thank you for your request for information, received on 3 December 2025, regarding Mounjaro (Tirzepatide). We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

**Please find below our response to your request:**

1. How many individual patients within the ICB have been prescribed or dispensed Mounjaro (Tirzepatide) since the start of the phased rollout on 23 June 2025?

Within our locally-commissioned service, there have been 75 patients prescribed Tirzepatide to date.

2. If possible, please provide this data broken down by month.

It is not possible to break down the data by month.

3. If your ICB is not currently prescribing Tirzepatide (Mounjaro), when will it be available?

Not applicable.

4. How many patients within the ICB and associated specialist weight management services are currently being prescribed WeGovy (Semaglutide)?

The ICB does not hold this information.

5. What BMI does someone need to have to be eligible for WeGovy (Semaglutide) within the ICB and associated specialist weight management services?

Individuals are eligible for Semaglutide in line with the NICE TA. The referral criteria for specialist weight management services are outlined below:

Criteria 1

BMI > 40 (or appropriate ethnic adjustment -see note 1)

AND b) Type 2 diabetes

AND c) any of the following:

- Inadequate Control (HBA1c >64mmol/mol) on maximal oral therapy
- Presence of nephropathy (eGFR 10mg/mmol)
- Metabolic dysfunction associated Steatohepatitis (MASH - aka as NASH)

- Onset of diabetes under the age of 40yrs old
- Insulin resistance (>2units/kg/day).

### Criteria 2

a) Patient with BMI >35 kg/m<sup>2</sup> (or appropriate ethnic adjustment)

AND b) requiring time sensitive surgery/procedure:

e.g. Organ transplant, arthroplasty because of immobility, spinal surgery, cardiac surgery, cancer surgery, limb or sight saving surgery, abdominal wall hernia repair, fertility treatment (N.B. this list is not restrictive and subject to discretion of MDT team).

### Criteria 3

a) BMI >40 kg/m<sup>2</sup> (or appropriate ethnic adjustment -see note 1)

AND b) at least two of the following significant comorbidities:

- BMI >50 kg/m<sup>2</sup>
- Sleep apnoea requiring CPAP
- Systolic or diastolic cardiac dysfunction (i.e. heart failure)
- Resistant hypertension (3 or more blood pressure tablets)
- Idiopathic intracranial hypertension
- Metabolic dysfunction associated Steatohepatitis (MASH - aka as NASH)
- Atrial fibrillation.

6. Has that BMI eligibility for WeGovv (Semaglutide) changed over time? If yes, please state by date when the change was made and what the BMI eligibility is/was.

No.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via [lucy.branson@nhs.net](mailto:lucy.branson@nhs.net) or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board

[nnicb-nn.foi@nhs.net](mailto:nnicb-nn.foi@nhs.net)

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