

18/12/2025

NN-ICB/25-1409

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 20 November 2025, regarding Child and Adolescent Mental Health Services (CAMHS). We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

Please find below our response to your request:

NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) commissions a number of providers to deliver child and adolescent mental health services across Nottingham and Nottinghamshire. As service delivery is managed by individual providers, the ICB does not hold all requested information in detail across all providers.

The response below therefore includes the information held by the ICB at the time of your request. Where information is not held, this has been stated.

As at 31 October 2025:

1. The total number of children and young people currently waiting for a first CAMHS appointment.

Nottinghamshire Healthcare NHS Foundation Trust	Number waiting
Community CAMHS	532
Mental Health Support Teams	138
CAMHS - Eating Disorder	15
CAMHS - CAMHS Looked After	59
CAMHS – Intellectual Disability	10
CAMHS - Head 2 Head	10
Total	764

2. The current longest waiting time (in days) for any child or young person still waiting for a first CAMHS appointment, regardless of referral date.

Nottinghamshire Healthcare NHS Foundation Trust	Longest waiting time for assessment (days)
Community CAMHS	250
MHST	103
CAMHS - Eating Disorder	155
CAMHS - CAMHS Looked After	313
CAMHS - Intellectual Disability	56
CAMHS - Head 2 Head	28

This information is available for the below providers as of October 2025:

- Nottingham City Council Mental Health Support Teams - 13 weeks
- Nottingham City Council Targeted CAMHS - Not held
- ABL Health - 25 weeks
- Talkzone - 2 weeks
- Kooth - 0 waits.

3. The number of children and young people currently waiting who have been waiting for that longest time (not specifically the same amount of years and days but if for example “over 3 years”).

Additionally, for each of these periods:

- 1 April 2024 – 31 March 2025
- 1 April 2025 – 31 October 2025

Nottinghamshire Healthcare NHS Foundation Trust	2024/25	2025/26 (so far)
Community CAMHS	11	12
MHST	4	4
CAMHS - Eating Disorder	2	3
CAMHS - CAMHS Looked After	7	11
CAMHS - Intellectual Disability	2	1
CAMHS Head 2 Head	1	2

4. Average waiting time (in days) from referral to first appointment for referrals made during the period. Average waiting times for assessment (where available) have been provided.

Nottinghamshire Healthcare NHS Foundation Trust	Average waiting times for assessment (days)
Community CAMHS	88
MHST	30
CAMHS - Eating Disorder	21
CAMHS - County CLA	81
CAMHS - ID	12
CAMHS Head 2 Head	17

- Nottingham City Council Mental Health Support Teams- 2.1 weeks
- Nottingham City Council Targeted CAMHS- 3.5 weeks
- ABL Health- 4 weeks
- Talkzone- 2 weeks
- Kooth- 0 waits

5. Number of referrals included in these calculations.

The ICB does not hold this information.

6. For referrals where the first CAMHS appointment took place during the period (regardless of when the referral was made), please provide:

- The longest waiting time (in days) from referral to first appointment.
- The average waiting time (in days) from referral to first appointment.
- The number of cases included in these calculations.

The ICB does not hold this information.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board

nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.