

05/12/2025

NN-ICB/25-1399

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 13 November 2025, regarding the commissioning and provision of pulmonary rehabilitation services. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

Please find below our response to your request:

Under the Freedom of Information Act 2000, I am writing to request the following information regarding the commissioning and provision of pulmonary rehabilitation services within your organisation.

Please provide responses to the following for the most recent full financial year (April 2024-March 2025).

1. Who is the person responsible for commissioning pulmonary rehabilitation services within your organisation? Please include their name, job title, and contact email if available.

Caroline Goulding, Primary Care Director, can be contacted via the ICB's Contact Us General Enquiries page - [General Enquiries - NHS Nottingham and Nottinghamshire ICB](#).

2. Which provider organisations are currently delivering pulmonary rehabilitation services under contract with your organisation?

Nottinghamshire Healthcare NHS Foundation Trust for patients in the County area and CityCare Partnership for patients in the Nottingham City area.

3. How many people were referred to pulmonary rehabilitation during the most recent full financial year?

Approximately 2,700. The ICB does not hold an exact figure due to a reporting anomaly that occurred during the transfer of the pulmonary rehabilitation service to Nottinghamshire Healthcare NHS Foundation Trust.

4. Of those referred, how many completed a full pulmonary rehabilitation programme during the same period?

Approximately 26%. The ICB does not hold an exact figure due to the same reporting anomaly referenced above. In addition, patients may legitimately be unable to complete the programme for clinical reasons such as respiratory exacerbations or illness.

5. For which primary conditions or diagnoses do you refer patients to pulmonary rehabilitation?

- Chronic obstructive pulmonary disease (COPD);
- Bronchiectasis;
- Chronic asthma;
- Interstitial lung disease (ILD);
- Those awaiting a lung transplant to maintain lung health.

6. How many individuals are currently on a waiting list for pulmonary rehabilitation, and what is the average waiting time if available?

Latest available figures show 142 patients are on the waiting list and an average wait time varies from 1-8 weeks for a place on the programme.

7. What types or formats of pulmonary rehabilitation are currently offered (for example, face-to-face, home-based, or digital such as MyCOPD)?

A suite of options is in place for pulmonary rehabilitation, which includes:

- The gold standard face-to-face pulmonary rehabilitation programmes;
- Digital (DVD and web based);
- Paper based option for home based (enabling a hybrid pulmonary rehabilitation delivery where it is appropriate to do so).

8. What outcome measures are used to evaluate pulmonary rehabilitation services (e.g. CAT score, six-minute walk test)?

Full discharge assessments are done on completion of the pulmonary rehabilitation programme which includes CAT scores, shuttle test, sit to stand, patient experience and testimonies.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board

nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.