

03/11/2025

NN-ICB/25-1351

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 7 October 2025, regarding weight loss management. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

Please find below our response to your request:

1. Please tell me how many patients within the ICB are currently taking Wegovy (semaglutide) for weight loss or weight management?
2. If possible, please provide figures for the average current waiting time currently for patients to start taking Wegovy from referral from their GP.
3. Please tell me how many patients within the ICB are currently taking Mounjaro (tirzepatide) for weight loss or weight management?
4. If possible, please provide figures for the average current waiting time for patients to start taking Wegovy from referral from their GP.

For questions 1-4 above, the ICB does not hold this information.

5. Please provide details of your current referral thresholds for patients to be prescribed Wegovy.

Wegovy is prescribed through Specialist Weight Management Services. Below are the referral criteria for the specialist weight management services:

Criteria 1

BMI > 40 (or appropriate ethnic adjustment)

AND Type 2 diabetes

AND any of the following:

- Inadequate Control (HBA1c >64mmol/mol) on maximal oral therapy
- Presence of nephropathy (eGFR 10mg/mmol)
- Metabolic dysfunction associated Steatohepatitis (MASH - aka as NASH)
- Onset of diabetes under the age of 40yrs old
- Insulin resistance (>2units/kg/day).

Criteria 2

Patient with BMI >35 kg/m² (or appropriate ethnic adjustment)

AND requiring time sensitive surgery/procedure e.g. organ transplant, arthroplasty because of immobility, spinal surgery, cardiac surgery, cancer surgery, limb or sight saving surgery, abdominal wall hernia repair, fertility treatment (N.B. this list is not restrictive and subject to discretion of MDT team).

Criteria 3

BMI >40 kg/m² (or appropriate ethnic adjustment)

AND at least two of the following significant comorbidities:

- BMI >50 kg/m²
- Sleep apnoea requiring CPAP
- Systolic or diastolic cardiac dysfunction (i.e. heart failure)
- Resistant hypertension (3 or more blood pressure tablets)
- Idiopathic intracranial hypertension
- Metabolic dysfunction associated Steatohepatitis (MASH - aka as NASH)
- Atrial fibrillation.

6. Please provide details of your current referral thresholds for patients to be prescribed Mounjaro

This information (which has been defined by NHS England and is the same for every ICB/ICS in the country) is publicly available, and can be accessed using the link below (see pages 7 to 8):

[PRN01879-interim-commissioning-guidance-implementation-of-the-nice-technology-appraisal-ta1026-and-the-NICE-fu.pdf](#).

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board

nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.