Nottingham and Nottinghamshire Integrated Care Board

25/03/2025

NN-ICB/25-1105

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 26 February 2025, regarding trans healthcare. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we do hold the information requested.

Please find below our response to your request:

1. For the period April 2024-present, has advice been issued to local GP surgeries about registering and/or treating trans-identifying patients? If so, please provide the relevant documents.

   Please see the following documents on the Area Prescribing Committee website which have not been changed within the timeframe above -

   Transgender

   - Transgender - Collaborative Care Protocol
   - Transgender - Feminising Hormones Information Sheet
   - Transgender - Masculinising Hormones Information Sheet

   There is also the following document which was last updated in line with national legislation in December 2024 however this was an update of an existing document - transgender-prescribing-position-statement.pdf.

2. For the period April 2024-present, has the local formulary been edited in relation to the prescription of any of the following. Please describe any changes in relation to which providers are allowed to prescribe it to which patient populations, including age, assigned sex, and gender identity. (E.g. Previously GPs were allowed to initiate prescriptions of [medication] to [gender identity/ assigned sex] beginning at [age] but now the prescription must be initiated by a specialist, and cannot begin before [age])

   a. testosterone (all formulations)
   b. estrogen (all formulations)
   c. GnRH agonists
   d. progesterone (all formulations)
   e. Spironolactone

f. Bicalutamide

g. Cyproterone

There has been no change to the prescription of any of the above.

3. For the period April 2024-present, have any new local services for trans adults been commissioned? If so, please provide details of the treatments offered and specify the age group served.

   No.

4. For the period April 2024-present, have any new local services for trans children been commissioned? If so, please provide details of the treatments offered and specify the age group served.

   No.

5. For the period April 2024-present, have any local services for trans children or trans adults been discontinued?

   No.

6. How many complaints have you received about access to transition-related care. Please provide data for the past three years.

   Please see below the numbers of formal complaints that were managed through the NHS complaints process by the CCG/ICB or the provider.

   1 February 2022 – 31 January 2023 = 1

   1 February 2023 – 31 January 2024 = 1

   1 February 2024 – 28 February 2025 = 7

7. How many complaints have you received about trans people's access to non-transition-related care? Please provide data for the past three years.

   Please see below the numbers of formal complaints that were managed through the NHS complaints process by the CCG/ICB or the provider.

   1 February 2022 – 31 January 2023 = 0

   1 February 2023 – 31 January 2024 = 1

   1 February 2024 – 28 February 2025 = 0

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via lucy.branson@nhs.net or by writing to FOI Team at NHS

Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: https://ico.org.uk/for-the-public/

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via https://ico.org.uk/concerns/

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board

nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the Open Government Licence (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.