Nottingham and Nottinghamshire Integrated Care Board

14/03/2025

NN-ICB/25-1093

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 18 February 2025, regarding maternal mental health services for bereaved parents. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

Please find below our response to your request:

1. Does your ICB commission a maternal mental health service?

   Yes.

2. If yes to Question 1, does this service include access to specialist psychological support (1:1 therapies), for people with the following experiences:

Experience	Both parents	Mother/ birthing person only
Miscarriage, ectopic pregnancy and molar pregnancy	No	Yes
Termination of Pregnancy for Fetal Anomaly (ToPFA)	No	Yes
Stillbirth	No	Yes
Neonatal Death	No	Yes
Sudden Unexpected Death in Infancy (SUDI)	No	Yes

3. If yes to Question 1, what is the current composition of the clinical team:

Role	NHS Agenda for Change Banding	WTE
Consultant Clinical Psychologist 8c		
Clinical/ counselling psychologist 8b		
Project manager		
Clinical/ counselling psychologist		

Art therapist		
Specialist Mental Health practitioner		
Mental Health Nurse		
Specialist Midwife		
Peer Support Worker		
Assistant Psychologist		
Project Officer		
Administrator		

The ICB does not hold this information. You may wish to contact the provider, Nottinghamshire Healthcare NHS Foundation Trust to request this information. How to submit a Freedom of Information to the Trust can be found on their website - Make a freedom of information request | Nottinghamshire Healthcare NHS Foundation Trust.

4. If yes to Question 1, how long after the experience of pregnancy and baby loss are bereaved parents able to access the service?
    - Up to one Year
    - Up to two Years
    - Indefinitely
    - Other (please state)

    Indefinitely – parents can refer themselves at any time.

5. If yes to Question 1, what was the average length of time bereaved parents waited to be seen by the service, following referral, in 2024 for:?
    a. Assessment
    b. Therapy

    The average 'waited' time for the Perinatal Trauma and Bereavement Service, as at the end of December 2024, for assessment was 2.7 weeks, for treatment it was 4.2 weeks. (This is the average based on data from April 2024-December 2024).

6. If yes to Question 1, how long are parents able to access therapies from the maternal mental health service?
    - Up to 6 weeks
    - Between 6 and 12 weeks
    - Between 12 and 24 weeks
    - Indefinitely – for as long as therapy is needed
    - Other (please state) – This depends on each individual service user needs.

    Other (please state) – This depends on each individual service user needs.

7. Do you commission any other specialist psychological therapy service, separately from Maternal Mental Health Services, for bereaved parents who have had the following experiences?

Experience	Both parents	Mother only	Father or partner only
Miscarriage, ectopic pregnancy and molar pregnancy	Yes	Yes	Yes
Termination of Pregnancy for Fetal Anomaly (ToPFA)	Yes	Yes	Yes
Stillbirth	Yes	Yes	Yes
Neonatal Death	Yes	Yes	Yes
Sudden Unexpected Death in Infancy (SUDI)	Yes	Yes	Yes

8. If yes, what service do you commission?

   The Condition Management Company have been commissioned to provide a specialist service, supporting families involved with the Independent Maternity Review into cases of serious concern at Nottingham University Hospitals NHS Trust.

9. Do you hold any more information on psychological support for parents who have experienced pregnancy or baby loss that may be useful in helping us to understand the services they can access in your area? (Free text)

   The Freedom of Information Act 2000 provides public access to information held by public authorities. The Act covers all recorded information that is held by a public authority in England, Wales and Northern Ireland, and by UK-wide public authorities based in Scotland. The Act does not cover information that is not already in recorded form.

   Examples of recorded information include:

   - Printed documents
   - Computer files
   - Letters
   - Emails
   - Photographs
   - Sound or video recordings

   In order for the ICB to process your request successfully, please can you clarify your request and confirm what recorded information you require in relation to question 9.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: https://ico.org.uk/for-the-public/

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via https://ico.org.uk/concerns/

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board

nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the Open Government Licence (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.