

09/10/2025

NN-ICB/25-1304

Dear Requestor

Re: Freedom of Information Request

Thank you for your request for information, received on 29 August 2025, regarding child weight management. We have processed your request in accordance with the Freedom of Information Act 2000 (FOIA).

Under the FOIA, public authorities like ours are required to respond to requests for information within 20 working days. In response to your request, I can confirm that we partially hold the information requested.

Please find below our response to your request:

Please provide the following information for your ICB area for the period **1 January 2024** to the **most recent month available in 2025** (up to and including August 2025 if held):

1. The number of children and young people (under 18) referred to specialist (Tier 3) paediatric weight management services commissioned by your ICB.
 - If available, a breakdown by age group (e.g. 0–4, 5–10, 11–15, 16–17).

Nottingham and Nottinghamshire ICB are participating in an NHS England-funded pilot for a tier 3 Complications of Excessive Weight (CEW) Clinic until March 2026. Referrals to CEW are patients from Nottinghamshire, Derbyshire, and Lincolnshire, however, the ICB does not hold the specific referral numbers or age breakdowns by individual county.

2. If held, the number of referrals into other NHS-commissioned lifestyle/prevention services for children, such as diabetes prevention or healthy lifestyle pathways.

The Tier 2+ Service is commissioned by Nottingham and Nottinghamshire ICB to ABL Choose to Change Programme. Tier 2+ (Choose to Change Programme) had 385 referrals from May 2024 (when the service commenced) – June 2025.

The ICB is unable to breakdown these referrals by age group. You may wish to contact ABL to request a breakdown by age group, by email - ablh.cypnotts.spoaweightmgt@nhs.net.

The ICB does not hold information on CYP Tier 2 Obesity services. You may wish to contact Nottingham City Council and Nottinghamshire County Council as the commissioners of the service to request this, and how to submit a Freedom of Information request to each provider can be found on their websites linked below:

- Nottingham City Council – <https://www.nottinghamcity.gov.uk/your-council/about-the-council/access-to-information/information-request/>
- Nottinghamshire County Council – <https://www.nottinghamshire.gov.uk/council-and-democracy/freedom-of-information/submit>.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) has an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Director of Corporate Affairs via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>.

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>.

Yours sincerely

Freedom of Information (FOI) Officer on behalf of NHS Nottingham and Nottinghamshire Integrated Care Board

nnicb-nn.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via nnicb-nn.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.