

24/11/2023

NN-ICB/23/520

Dear Requestor

RE: Freedom of Information Request

With reference to your request for information I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we partially hold the information that you have requested. A response to your request is below.

In the request you asked:

1a. Please name the organisation(s) that deliver(s) ASD (autism spectrum disorder) and ADHD (attention deficit hyperactivity disorder) assessments / diagnoses in your ICB area for both adults and CYP (children and young people)?

Adults

Nottinghamshire Healthcare NHS Foundation Trust provides our Neurodevelopmental Specialist Service for Autism and ADHD.

Children and young people

Assessments are undertaken by the Community Paediatrics teams in our acute hospitals; Doncaster and Bassetlaw NHS Teaching Hospital, Nottingham University Hospitals NHS Trust, and Sherwood Forest Hospitals NHS Trust.

1b. When did the contract(s) begin and when is the contract(s) due to end along with any extension clauses included in the contract?

They are rolling contracts reviewed annually.

1c. How is the service contracted – is it Block, Activity-based, or AQP / RTC contracting?

Block contracts.

1d. Does the service, sub-contractor or Right to Choose provider provide assessment / diagnosis only or post-diagnosis treatment also, and whether this is through coaching/counselling and/or pharmaceutical treatment?

Adults

The Neurodevelopmental Specialist Service currently provides post-diagnostic support including education, signposting and pharmaceutical treatment.

Children and Young People

The Community Paediatrics teams provides post-diagnostic treatment including pharmaceutical treatment as part of a wider neurodevelopmental pathway.

As part of this wider pathway, post-diagnostic support is also provided from our pre/post assessment support services below who provide educational workshops, 1:1 and group support, and parenting programmes.

1. Nottingham City – Behavioural and Emotional Health team (BEH)
2. Nottinghamshire County – Neurodevelopmental Behaviour Service (NBS)
3. Bassetlaw – A Place To Call Our Own (APTCOO)

1e. Where post-diagnosis treatment is provided by the service, sub-contractor or Right to Choose provider, please outline what treatment is offered and the spend for 2023-24 and for the last 5 years?

See answer above for post-diagnostic treatment.

Adults

The contract value for the Neurodevelopmental Specialist Service is £1.2m annually. We are unable to split the cost between assessments and post-diagnostic support as it's a block contract (contract commenced April 2020).

Children and Young People

We are unable to provide a breakdown of spend for the Community Paediatrics teams as they are included in the acute block contracts.

The annual contract values for our pre and post assessment services are:

1. Nottingham City – Behavioural and Emotional Health team (BEH) £384,540 (contract commenced April 2022)
2. Nottinghamshire County – Neurodevelopmental Behaviour Service (NBS) £515,256.70 (contract commenced June 2022)
3. Bassetlaw – A Place To Call Our Own (APTCOO) £113,020 (contract commenced April 2023)

Nottingham and Nottinghamshire ICB do not hold a breakdown of spend by pre and post diagnostic support as they are block contracts.

1f. What is the annual and forecasted spend for this service for 2023-24, and for the last 5 years?

Nottingham and Nottinghamshire ICB do not hold this information.

1g. How many assessments have been carried out by the service provider / contract holder and by any sub-contractors for 2023-24, along with any outstanding period forecasted and for the last 5 years?

Nottingham and Nottinghamshire ICB do not hold this information.

1h. If the service is commissioned with other CCGs, ICSs or Trusts, which are these?

N/A

1i. If any of the organisation(s) subcontracts any ASD or ADHD Assessments, and if yes the names of those subcontractor organisations, and the numerical quantity of ASD and ADHD Assessments undertaken by each subcontractor organisation along with the number of post diagnosis treatment provided?

Nottinghamshire Healthcare NHS Foundation Trust hold a subcontract with St Andrews as a waiting list initiative for the Neurodevelopmental Specialist Service. The ICB doesn't hold activity data in relation to this subcontract, this will need to be requested from the provider.

1j. A list of Right to Choose providers used and whether this is for adults or children, young people or both

Adults

1. Psychiatry UK
2. ADHD 360
3. Clinical Partners
4. Dr J and Colleagues
5. Axia

Children and Young People

1. Evolve
2. Young Wellbeing Hub

1k. The number of ASD and ADHD assessments undertaken by each Right to Choose provider including breakdown of adults and children & young people numbers for 2023-24 and for the last 5 years?

Nottingham and Nottinghamshire ICB do not hold this information.

1l. The annual spend and forecast on ASD and ADHD assessments undertaken by each Right to Choose provider including breakdown of adults and children & young people for 2023-24 and for the last 5 years?

Nottingham and Nottinghamshire ICB do not hold this information.

1m. If information on Right to Choose is not held by yourselves, please advise why this is and who would hold this information, as to my knowledge all Right to Choose referrals data and costings are accountable by the ICB?

The information held by the ICB includes the cost for assessment and treatment.

ADHD & ASD Waiting Lists

2a. What is the current shortest, longest and average wait time from referral for ADHD and ASD assessments? Please break this down separately by ADHD and ASD, as well as by the different localities the ICB cover where applicable.

Services	Notes	Average wait in weeks	Longest Wait
CYP - Behavioural & Emotional Health (BEH) City	The waiting times in the table are for the whole service including pre and post diagnostic support for Autism and ADHD. Shortest wait information is not held by the ICB.	25	138
CYP - Neurodevelopment Behavioural Service (NBS) County	The waiting times in the table are for the whole service including pre and post diagnostic support for Autism and ADHD. Shortest wait information is not held by the ICB.	64 (32 for workshops)	123
CYP – A Place To Call Our Own (APTCOO) Bassetlaw	The waiting times in the table are for the whole service including pre and post diagnostic support for Autism and ADHD. Shortest wait information is not held by the ICB.	1	1
CYP - Community Paediatrics – NUH	The service provides assessment and treatment for a range of conditions including Autism, ADHD, DCD, Learning Disabilities, and physical health issues such as continence difficulties and growth problems. The waiting times are for the whole service and not solely for Autism and ADHD. Shortest and longest wait are not held by the ICB.	13	-
CYP - Community Paediatrics – SFH	The service provides assessment and treatment for a range of conditions including Autism, ADHD, DCD, Learning Disabilities, and physical health issues such as continence difficulties and growth problems. The waiting times are for the whole service and not solely for Autism and ADHD. Shortest and longest wait are not held by the ICB.	20	-
CYP – Community Paediatrics - DBTH	The service provides assessment and treatment for a range of conditions including Autism, ADHD, DCD, Learning Disabilities, and physical health issues such as continence difficulties and growth problems. The waiting times are for the whole service and not solely for Autism and ADHD. Shortest wait is not held by the ICB.	43	95
Adults - Neurodevelopmental Specialist Service (NeSS)	Shortest wait for Autism and ADHD is 0-2 weeks	Autism 53 ADHD 42	Autism 142 ADHD 154

2b. What is the current number of referred patients waiting for an ADHD and ASD assessment? Please break this down separately by ADHD and ASD, as well as by the different localities the ICB cover where applicable.

Services	Notes	Number of referred patients waiting for an assessment
CYP - Behavioural & Emotional Health (BEH) City	The figures in the table are for the whole service including pre and post diagnostic support for Autism and ADHD.	345
CYP - Neurodevelopmental Behavioural Service (NBS) County	The figures in the table are for the whole service including pre and post diagnostic support for Autism and ADHD.	2359
CYP – A Place To Call Our Own (APTCOO) Bassetlaw	The figures in the table are for the whole service including pre and post diagnostic support for Autism and ADHD.	0
CYP - Community Paediatrics – NUH	This information is not held by the ICB and should be requested from the provider.	-
CYP - Community Paediatrics – SFH	This information is not held by the ICB and should be requested from the provider.	-
CYP – Community Paediatrics - DBTH	-	Autism 148 ADHD 104
Adults - Neurodevelopmental Specialist Service (NeSS)	-	Autism 2354 ADHD 3888

2c. How many ADHD and ASD assessments have been carried out per month by the ICB for the 2023-24 period along with how many are forecasted to be completed for the remaining months of the 2023-24 period? Please break this down separately by ADHD and ASD, as well as by the different localities the ICB cover.

Nottingham and Nottinghamshire ICB do not hold this information,

2d. What are the current ICB plans to reduce the waiting list times and patient numbers?

Adults

Neurodevelopmental Specialist Service (NeSS)

- Waiting list initiative in place to increase capacity for assessments and reduce the waiting list backlog.

- A weekly NeSS clinic is now taking place at each of the University GP practices to provide pre-assessment screening and support.
- Undertaking forecasting for future demand and capacity to inform workforce plan and future service planning with commissioners.
- Qb1 testing for ADHD assessments commenced in July 23 as part of a pilot to support assessments for those with more complex presentations.
- Waiting times for Non-Medical Prescribers have reduced from 8 months to 4 months – through process efficiency measures
- Referrals screening process has changed increasing staffing by 25%, resulted in 50% more referrals being screened each month, reducing backlog and bringing referrals up to date

Children and Young People

Neurodevelopmental Behaviour Service (NBS) /Behavioural Emotional Health Team (BEH)

- Reviewing the service to reduce the inherited waiting lists and lengthy waiting times – focus on referrals process, triage assessment and parenting support. Improvements have already been seen within waiting times for both services.
- Additional non-recurrent funding has been confirmed for this year to provide an additional Specialist Practitioner in each service for 12 months to increase capacity.

Community Paediatrics

- Additional investment provided to increase capacity and support the waiting list initiatives with NBS and BEH due to the interdependencies and knock on effect in the assessment pathway.
- Funding for Consultant Psychologist and Speech and Language posts has been agreed to support the autism assessment pathway.

The LD/A Transformation & Commissioning Team are working with partners to review the CYP and Adult Autism and ADHD pathways in line with national guidance including the recently published NHSE all age autism framework and operational guidance for commissioners and providers. This will inform future commissioning intentions to deliver a sustainable, timely assessment pathway that meets the needs of our population. A CYP neurodevelopmental website is also being developed which will act as a single point of information for autism and ADHD in Nottingham and Nottinghamshire.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) have an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Associate Director of Governance via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham, NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>

Yours sincerely

Freedom of Information (FOI) Officer on behalf of *NHS Nottingham and Nottinghamshire Integrated Care Board*

notts.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence \(OGL\)](#) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via notts.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.