

11/10/2023

NN-ICB/23/457

Dear Requestor

**RE: Freedom of Information Request**

With reference to your request for information I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we partially hold the information that you have requested. A response to your request is below.

In the request you asked:

1. Details of T3 Pathways:

a. Please provide a comprehensive outline of the T3 obesity care pathways within your ICB

Patients from Nottingham and Nottinghamshire are referred to the Tier 3 Service at University Hospitals of Derby and Burton NHS Foundation Trust, except for Bassetlaw where they are referred to the services at Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust.

Patients must meet the following criteria:

- BMI 40 or above.
- BMI 35 – 39 with comorbidities (see referral form for details of comorbidities) and has ideally completed a Tier 2 weight management intervention.

All patients who are referred must be willing and able to undertake lifestyle change to lose weight.

Referrals are accepted from GPs, advanced nurse practitioners and specialist physicians.

2. Providers of T3 Pathways:

a. Include the names of providers involved in delivering T3 services within your ICB during this specified timeframe.

Our Tier 3/4 pathway is provided by University Hospitals of Derby and Burton NHS Foundation Trust and Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust.

b. Please can you specify if appointments take place face to face, virtually, both or unknown.

Appointments are a mixture of face to face and virtual.

3. Volume of Referrals:

a. Please disclose the total number of referrals made to T3 obesity care services within your ICB between April 1, 2022, and March 31, 2023.

#### 4. Patients Commencing T3 Treatment:

a. Provide the number of patients who commenced T3 obesity treatment within your ICB during the same period of time (April 1, 2022, to March 31, 2023).

Nottingham and Nottinghamshire ICB do not hold this information for questions 3 and 4, please contact University Hospitals Derby and Burton NHS Foundation Trust and Doncaster and Bassetlaw Teaching Hospital NHS Foundation Trust for information. How to submit a Freedom of Information request to each organisation can be found on their websites linked below.

University Hospitals Derby and Burton NHS Foundation Trust – <https://www.uhdb.nhs.uk/freedom-of-information-foi>

Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust - <https://www.dbth.nhs.uk/contact/freedom-of-information/>

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) have an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Associate Director of Governance via [lucy.branson@nhs.net](mailto:lucy.branson@nhs.net) or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham, NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>

Yours sincerely

Freedom of Information (FOI) Officer on behalf of *NHS Nottingham and Nottinghamshire Integrated Care Board*

[notts.foi@nhs.net](mailto:notts.foi@nhs.net)

*All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence \(OGL\)](#) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via [notts.foi@nhs.net](mailto:notts.foi@nhs.net). All requests for re-use will be responded to within 20 working days of receipt.*