

07/08/2023

NN-ICB/23/369

Dear Requestor

**RE: Freedom of Information Request**

With reference to your request for information I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we partially hold the information that you have requested. A response to each part of your request is below.

In the request you asked:

I hope this email finds you well. I am writing to request specific information regarding the Pulmonary Rehabilitation and Talking Therapy services provided by within your ICS. I would greatly appreciate your assistance in providing the following details for both adult and young people's programs separately:

**1. Current Capacity:**

- Could you please provide information about the current capacity of your Pulmonary Rehabilitation and Talking Therapy services? Specifically, I would like to know the number of available places for each program. Understanding the current capacity will help me gauge the availability of these important services.

Pulmonary Rehabilitation – 41 classes, 145 places per week in 18 venues, the programmes are for a duration of 6 weeks with two classes per week.

NHS Talking Therapies – capacity is for 40,020 patients in 2023/24.

**2. Current Waiting Times:**

- I kindly request information on the current waiting times for the Pulmonary Rehabilitation and Talking Therapy services. Specifically, I am interested in knowing the average waiting time from referral to the commencement of these programs. Having an understanding of the waiting times will aid in managing expectations and planning for individuals seeking these services.

Pulmonary Rehabilitation – Average wait time is 79 days. Further information can be sort from NRAP website which is publicly available - <https://www.nacap.org.uk/>

NHS Talking Therapies – current average wait (June 2023) from referral to treatment is 26 days.

**3. Retention Rates:**

- It would be greatly appreciated if you could provide me with the retention rates for the Pulmonary Rehabilitation and Talking Therapy services. This information refers to the percentage of individuals who complete the full duration of the program. Knowing the retention rates will give insight into the effectiveness and engagement of the services provided.

Pulmonary Rehabilitation – Retention rates average at approximately 40% and a non-completers audit is now underway in light of this.

NHS Talking Therapies – The ICB does not hold retention rate data. This data can be found on the NHS Digital Website and is publicly available – <https://digital.nhs.uk/data-and-information/publications/statistical/psychological-therapies-report-on-the-use-of-iapt-services>

#### 4. Drop Out Rates:

- I would also like to request information on the drop out rates for the Pulmonary Rehabilitation and Talking Therapy services. This refers to the percentage of individuals who start the program but do not complete it. Understanding the drop out rates will help in identifying any potential challenges or barriers that individuals may face during their participation in these programs.

Pulmonary Rehabilitation – The ICB does not hold drop out rates data.

NHS Talking Therapies – The ICB does not hold drop out rate data. This data can be found on the NHS Digital Website and is publicly available - <https://digital.nhs.uk/data-and-information/publications/statistical/psychological-therapies-report-on-the-use-of-iapt-services>

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) have an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Associate Director of Governance via [lucy.branson@nhs.net](mailto:lucy.branson@nhs.net) or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham, NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via <https://ico.org.uk/concerns/>

Yours sincerely

Freedom of Information (FOI) Officer on behalf of *NHS Nottingham and Nottinghamshire Integrated Care Board*

[notts.foi@nhs.net](mailto:notts.foi@nhs.net)

*All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence \(OGL\)](#) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated*

Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via [notts.foi@nhs.net](mailto:notts.foi@nhs.net). All requests for re-use will be responded to within 20 working days of receipt.