

CHECKLIST FOR CARE HOMES AGEING WELL/LIVING WELL

On Admission to Home

- Check ReSPECT form at time of pre-admission assessment, if none in place:
 - Start conversation and process with Resident/Service User/Relatives/Next of Kin by guiding to online resources and 'What matters most' / 'About me' documentation
 - Clinical leads in Nursing homes to initiate form completion with support from GP and EHCH team as required using guidance



Resources for
Patients & Carers



Resources for
Professionals

Monthly Observations and Assessment (Restore II)

- Check ReSPECT when recording monthly baseline observations on Restore. Is it still applicable and clear, and relevant to setting?
- Ask the question - does the information give me a clear picture of what steps to take in an emergency?
If not - review the form with support as necessary.

In the Event of Deterioration/Changes in Condition/Changes in Personal Wishes

- Check again information on first page in clinical recommendations for care are clear in instructions (Box 4) and can be easily used to interpret wishes when escalating to GP, 111 and 999 and local urgent response teams
- Ensure all parties are aware of the wording in the box when escalating so that clinical decisions can be made appropriately

Admission to Hospital

- Allow crew to view original and photo on hand held device
- Original should travel with the person for whom its written so ensure a photocopy is kept within the home

On Discharge Home

- Revisit the ReSPECT process once arrived back at home
- Has this last admission changed wishes and priorities for care?
- Discuss with health care professional colleagues on ward round to establish any changes and arrange for completion/review if necessary.
- Ensure review is at least yearly if no change and sign with date

In case of recovery from illness do the wishes still stand?

Ensure resources about ReSPECT are available within the home and easily accessed by residents / service users / relatives / or next of kin.