**Post Fall Guidelines for Care Homes Version 3**

**For residents registered with a County GP**

**To be used in conjunction with the Hampshire Post Falls Protocol for Head Injury**



For end-of-life residents please refer to the wishes stipulated in their RESPECT form

**Call 999**

**Unconscious**

**Not Breathing**

**Broken Bone**

**Fall From Height**

**Severe Bleeding**

**Head Injury and on anticoagulants or anti platelet medication**

**Severe Pain that is new since fall**

**Facial Weakness**

***Can the person smile?***

**Arm Weakness**

***Can the person raise both arms?***

**Speech Problems**

**Can the person speak clearly ?**

**Medical Emergency**

If a bang to the head is observed or suspected to have occurred and patient is NOT on anticoagulants commence monitoring

If a new acute illness is suspected such as a UTI or respiratory infection contact the residents GP or aligned care home team.

Complete top to toe assessment and body map

Administer first aid if minimal injury present.

Consider referral to Community Nursing team for skin tear.

Consider referral to local Therapy Team for in-depth falls assessment and prevention intervention.

**Support resident to get up from floor safely \***

**Ensure Case is highlighted at weekly home round.**

Examples may include:

Bang to head with no obvious sign of injury, change of demeanour or loss of consciousness and resident is unable to get up independently or with minimal support.

Witnessed fall no head injury and on anticoagulants and resident is unable to get up off floor.

Suspected new acute illness and unable to get up off floor.

If a resident does require conveyance into hospital can a family member safely transport the resident?

**8 am to 8pm call UCR on 0300 373 0600**

**8pm to 8am call 111**

**Ensure Case is highlighted at weekly home round.**

**Able to get off floor with minimal support. \* *If in doubt, follow procedure for unable to get off floor with minimal support / medical emergency as appropriate.***

\* See Post Falls supporting guidance document

document

**Unable to get off floor with minimal support *and no medical emergency present.***

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