

ask what matters - **listen** to what matters - **do** what matters

what
matters
to you?

Workforce Personalised Care Hub

*The place to find out how to deliver personalised
care and make it real in your work*



Book onto **FREE** Personalised Care Training

We offer Personalised Care Institute accredited training in Shared Decision Making and Personalised care & Support Planning.

Who can attend?

Anyone who is employed or is a volunteer within the Nottingham and Nottinghamshire Integrated Care System.

Shared Decision Making - 3 hours virtual training

Shared decision making is a process in which people and professionals work together to decide on the right treatments or support which matches the persons preferences, beliefs and values. Empowering people to make decisions about the treatment and care that is right for them at that time, ensuring they have a good understanding of the benefits, harms, and possible outcomes of different options.

Tuesday 23rd April, 13:00 - 16:00 - [Click here to register](#)

Personalised Care & Support Planning Training - 3 hours virtual training

Learn how to have a series of facilitated conversations in which the person participates to explore the management of their health & wellbeing in the context of their whole life and family situation. A strengths based approach valuing people to become involved in the planning and management of their own health and wellbeing which leads to improved chances of successfully supporting them.

Wednesday 22nd May, 09:30 - 12:30 - [Click here to register](#)

To find out more about the training please email
nnicb-nn.whatmatterstoyou@nhs.net



Personalised
Care Institute