

NottAlone

Adult Mental Health Website Executive Summary

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65%

Of all respondents **currently access information** online.

87%

Of respondents would consider **accessing information** online.



The Mind website was most reported as an example of a website that works well.

The existing NottAlone website was also amongst those that were referenced as a good example.



Good example websites were listed as they are accessible, informative, and host key features such as the ability to search for services by geographical region.

64%

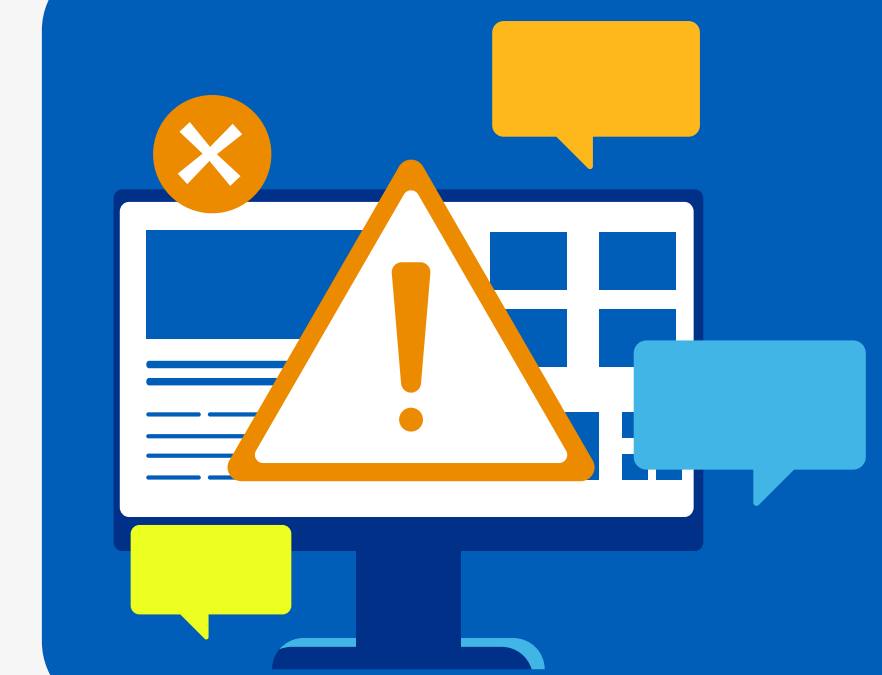
Of respondents would **look for information about mental health on NHS websites**, making them the most popular resource for information.

49%

Would prefer the **new website to host a combination of information with links to other appropriate websites**.



The new website should be informative, host certain features such as the ability to filter, should signpost to services and self-help resources, and include referral information to services.



Issues with digital technology, confusion in understanding which website to use, lack of trust in online sites, and not meeting needs for severe and complex mental health were a few reasons as to why someone would not consider accessing information online.

89%

Of respondents have stated a preference for information on **locally available services to be included on the website**.

80%

With 80% also stating a request for information on how to access these services.



73% of those who prefer not to access information online would prefer the information through their GP or Nurse.

Other methods include hard copies in the community, via word of mouth from local health and wellbeing services, and via local media.

For further information, please visit this webpage:
notts.icb.nhs.uk/get-involved/current-and-previous-engagement-consultations/