

07/12/2022

NN-ICB/22/104

Dear Requestor

RE: Freedom of Information Request

With reference to your request for information I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we partially hold the information that you have requested. A response to each part of your request is below.

In the request you asked:

Six-week checks:

1 – In line with the [requirement brought in in April 2020](#) for GPs to offer a postnatal check six- to eight-weeks after birth (live and stillbirth) which focuses on the mother’s mental health and general wellbeing, please provide the information below:

A – How many women in your ICS area have given birth or had a stillbirth each year for the last three full financial years?

- 2019/20
- 2020/21
- 2021/22

B – How many women in your ICS area have been offered the six- to eight-week postnatal check with a GP each year for the last three full financial years?

C – How many women in your ICS area have attended the six- to eight-week postnatal check with a GP each year for the last three full financial years?

2 – In your ICS area,

A – Is there specific guidance given to GPs outlining how to ask about women’s mental health and general wellbeing at the six- to eight-week postnatal check? For example, carrying out a mental health assessment or using open-ended questions.

B – If you answered yes to question 2A, please provide a link or a copy of the guidance.

C – Please provide information about how you track compliance with the requirement that GPs ask all women about their mental health and general wellbeing at the six- to eight-week postnatal check.

Referrals to psychological therapies –

3

A – Please provide figures for the total number of referrals to psychological therapy services, including IAPT and other national equivalents, following the six- to eight-week postnatal check with GP practices in your ICS area for the last three full financial years.

- 2019/20
- 2020/21
- 2021/22

B – Please provide the following information for those who were referred to psychological therapy services (including IAPT and other national equivalents) following the six- to eight-week postnatal appointment with the GP, for the last three full financial years:

- How many women in your ICS area have been assessed within two weeks of referral?
- How many women in your ICS area have not been assessed within two weeks of referral?
- How many women in your ICS area have started treatment within four weeks of assessment?
- How many women in your ICS area did not start treatment within four weeks of assessment?

NHS Nottingham and Nottinghamshire ICB does not hold this information. It might be that the providers hold the information that you require, they can be contacted using the details below:

General Practitioners: <https://www.nhs.uk/service-search/find-a-GP>

IAPT Service Providers:

Please note that only Nottinghamshire Healthcare NHS Foundation Trust is subject to the provisions of the FoI Act 2000.

Nottinghamshire Healthcare NHS Foundation Trust: FOI@nottshc.nhs.uk

Trent PTS: enquiries@trentpts.co.uk

Insight Healthcare: enquiries@concerngroup.org

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Integrated Care Board (ICB) have an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Associate Director of Governance via lucy.branson@nhs.net or by writing to FOI Team at NHS Nottingham and Nottinghamshire ICB, Sir John Robinson House, Sir John Robinson Way, Arnold, Daybrook, Nottingham, NG5 6DA.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office (ICO), who will consider whether the organisation has complied with its obligations under the Act and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire ICB. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>

Complaints to the Information Commissioner's Office should be sent to:

FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 123 1113 or report a concern via

<https://ico.org.uk/concerns/>

Yours sincerely

Freedom of Information (FOI) Officer on behalf of *NHS Nottingham and Nottinghamshire Integrated Care Board*

notts.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Integrated Care Board. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via notts.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.