



**Nottingham and
Nottinghamshire**
Integrated Care Board

Internet and Email Policy

January 2024 – January 2027

Control Record

Reference Number IG-004	Version 2.0	Status Final	Author Head of IT Sponsor Senior Information Risk Owner (Chief Finance Officer) Team Information Governance	
Title	Internet and Email Policy			
Amendments	Updated section 7 to reference Acceptable Behaviours Policy; Updated section 11 to cover National NHS Stop Orders. Updated narrative in Equality Impact Assessment following EQIA Panel on 26/10/23.			
Purpose	To ensure that all staff within the Integrated Care Board are aware of their responsibilities regarding appropriate access to and use of the Internet and Email and potential consequences of misuse for the ICB and the local health community.			
Superseded Documents	Internet and Email Policy v1.2			
Audience	This policy applies to any person directly employed, contracted or working on behalf of the Integrated Care Board			
Consulted with	Deputy SIRO, Data Protection Officer and Caldicott Guardian			
Equality Impact Assessment	Completed – see Section 22			
Approving Body	Audit and Risk Committee	Date approved	January 2024	
Date of Issue	February 2024			
Review Date	January 2027			
<p>This is a controlled document and whilst this policy may be printed, the electronic version available on the ICB's document management system is the only true copy. As a controlled document, this document should not be saved onto local or network drives.</p>				

NHS Nottingham and Nottinghamshire Integrated Care Board (ICB)'s policies can be made available on request in a range of languages, large print, Braille, audio, electronic and other accessible formats from the Engagement and Communications Team at nnicb-nn.comms@nhs.net.

Contents

	Page
1 Introduction	4
2 Purpose	4
3 Scope	4
4 Definitions	5
5 Roles and Responsibilities	8
6 Access	9
7 Staff Responsibilities	10
8 Personal Use	11
9 Use of Social Media	12
10 Transfer of Personal Confidential Data and Confidential Corporate Information	12
11 Email Retention and Deletion	13
12 Protection against Viruses	13
13 Incident Reporting	14
14 Misuse of the Internet and Emails Systems	14
15 Investigation of Suspected Misuse	15
16 Monitoring of Internet and Email Usage	16
17 Equality and Diversity Statement	16
18 Communication, Monitoring and Review	17
19 Staff Training	17
20 Interaction with other Policies	18
21 References	19
22 Equality Impact Assessment	20

1. Introduction

- 1.1. This policy applies to the NHS Nottingham and Nottinghamshire Integrated Care Board, hereafter referred to as 'the ICB'.
- 1.2. Many information systems are now electronic in the NHS and the internet and email are essential business tools. ICB staff are required to use them in a competent, responsible, effective and lawful manner.
- 1.3. Information created or stored within the organisation's email system constitutes an organisational record. Emails have the same status as any other form of the organisation's business correspondence or written communication and may be subject to disclosure under Data Protection Legislation or Freedom of Information Act (2000).
- 1.4. NHS mail accounts are owned by NHS Digital on behalf of the Secretary of State for England. Nottinghamshire Health Informatics Service (NHIS) under instruction from the ICB maintains day-to-day administration responsibilities for NHS mail accounts. NHIS also manages access to the internet under instruction from the ICB and ensures that both internet and email accounts are managed on a least privileged basis.
- 1.5. Staff are granted access to email and the internet for ICB business use and for work-related educational and research purposes. Access for limited appropriate personal use in their own time is allowed with their line manager's permission. Staff are also permitted to use personal devices to access staff Wi-Fi in their own time.

2. Purpose

- 2.1. The purpose of this policy is to ensure that all ICB staff understand their responsibilities for correctly accessing the internet and understand what the organisation deems to be acceptable use of the email system via the organisation's IT systems, while on ICB premises, working remotely and when acting in representation of the organisation.

3. Scope

- 3.1. This policy applies to all ICB staff. For the purpose of this and all other information governance policies, the term 'ICB staff' refers to the ICB employees, appointees, temporary staff, contractors/agency staff, consultants, students and other individuals working on behalf of the ICB.
- 3.2. Failure by any member of ICB staff to adhere to this policy and all appropriate supporting guidance will be considered gross misconduct and may result in disciplinary action.

4. Definitions

Term	Definition
Attachment	A file attached to an email message, which can contain malicious software and should be opened with care.
Browser	The ICB uses Microsoft Internet Explorer and Chrome as its standard browsers. NHIS will ensure that the current recommended version is available on all devices that access the internet.
Bandwidth	The overall capacity of a network connection/the amount of data that passes through a network connection over time. The greater the capacity, the more likely that better performance will result.
Data Protection Legislation	The General Data Protection Regulation (GDPR) as implemented and modified by the UK Data Protection Act 2018.
Email system	Any computer software application that allows email – message, image, form, attachment, data – to be communicated from one computing system to another.
Information asset	Any data, information, information system, computer or programme of value to the organisation's business.
Information sharing protocols	Written agreements made within the existing legislative framework between the ICB and named organisations to allow sharing of personal confidential data for health and social care purposes.
Internet (World Wide Web)	A global system connecting computers and computer networks. For the purposes of this document, the term internet will also encompass the organisation's intranet.
Intranet	A private network for communicating and sharing information accessible only to authorised users within an organisation e.g. the ICB's own intranet site or the NHSnet.
Junk mail	Unsolicited email messages usually of a commercial nature, chain letters or other unsolicited mass-mailings (see also spam).

<p>Malicious software/Malware</p>	<p>Software designed to harm a computer or network. Includes but is not limited to:</p> <ul style="list-style-type: none"> • Viruses – unauthorised computer code attached to a computer programme which secretly copies itself using shared discs or network connections – can destroy information or make a computer inoperable. • Trojan horses – malicious, security-breaking programs disguised as something benign such as a screen saver or game. • Worms – which launch an application that destroys information on a computer and sends a copy of the virus to everyone in the computer’s email address book). • Ransomware – a growing threat in the cyber threat landscape. Usually delivered via phishing emails, which use social engineering techniques (i.e. an email made to look like it is sent from a person/name know to the victim or disguised to look like it is from your bank, post office, police etc.) to convince a victim to click a link, download or open an attachment. Once the victim’s computer is infected with ransomware, the malicious code will begin to encrypt files on the device (and network), rendering them inaccessible before demanding payment, often in the form of crypto currency such as bitcoin, in return for the ability to unlock that data with an encryption key. Effectively this tactic denies the victim access to their data unless they pay the ransom, or have the ability to restore data from unaffected back-ups.
<p>HSCN</p>	<p>The Health and Social Care Network (HSCN) is a new data network for health and care organisations which replaced N3.</p> <p>It provides the underlying network arrangements to help integrate and transform health and social care services by enabling them to access and share information more reliably, flexibly and efficiently while benefiting from improved network and bandwidth capacity, financial savings and easier and smoother access to clinical systems.</p>

<p>Personal Confidential Data (PCD)</p>	<p>This term describes personal information about identified or identifiable individuals, which should be kept private or secret. For the purposes of this policy 'personal' includes the Data Protection Legislation definition of personal data, but it is adapted to include deceased as well as living people and 'confidential' includes both information 'given in confidence' and 'that which is owed a duty of confidence' and is adapted to include 'sensitive' as defined in the Data Protection Act.</p> <p>This excludes the names of staff, their job role and work location, but does apply to their personal data such as home address, date of birth, financial and HR information.</p>
<p>Personal Data (as defined by Data Protection Legislation)</p>	<p>Any information relating to an identified or identifiable natural person ('data subject'); an identifiable natural person is one who can be identified, directly or indirectly, in particular by reference to an identifier such as name, an identification number, location data, an online identifier or to one or more factors specific to the physical, physiological, genetic, mental, economic, cultural or social identity of that natural person.</p>
<p>Phishing</p>	<p>Sending an email to a user falsely claiming to be an established legitimate enterprise in an attempt to defraud the user into surrendering private information that will be used for identity theft. The email directs the user to visit a website where they are asked to update personal information, such as passwords, credit/debit card numbers and bank account numbers that the legitimate organisation already has. The website, however, is bogus and set up only to steal the user's information (see also spoofing).</p>
<p>Proxy website</p>	<p>A server (a computer system or an application) that acts as an intermediary for requests from clients seeking resources from other servers.</p>
<p>Social media</p>	<p>For the purpose of this and other relevant information governance policies the term social media includes, but is not limited to, websites and applications that enable users to create and share content or to participate in social networking, blogging, tweeting or social engineering.</p>
<p>Spam</p>	<p>Unsolicited email messages, usually of a commercial nature sent to a large number of recipients. Also refers to inappropriate promotional or commercial postings to discussion groups or bulletin boards.</p>

Spooftng	Forgery of an email so that it appears to have been sent by someone other than the sender.
User/authorised user	An individual given access to the ICB's network to access the internet and email.
Wi-Fi	A mechanism for wirelessly connecting electronic devices through a network access point.

5. Roles and Responsibilities

Term	Definition
Chief Executive	The Chief Executive is responsible for ensuring that the organisation complies with the statutory and good practice requirements governing internet and email use outlined in this policy and is supported by the delegated management responsibilities outlined below.
Senior Information Risk Owner (SIRO)	The SIRO has lead responsibility for the security and confidentiality of the organisation's information, ensuring that information risk is properly identified and managed.
Caldicott Guardian	The Caldicott Guardian is responsible for protecting the confidentiality of patient and service user information processed by the organisation and enabling appropriate information sharing.
Data Protection Officer	The Data Protection Officer is responsible for advising on and monitoring compliance with any Data Protection issues relating to this policy.
Associate Director of Governance/Head of Information Governance	At an operational level, the information governance agenda is led by the Associate Director of Governance, supported by the Head of Information Governance. They are responsible for the effective management of all aspects of IG, including ensuring that systems and processes are in place to support compliance with this policy. They are also responsible for taking a lead in investigating suspected misuse of the Internet or email system.
Chief Digital Information Officer	As the ICB's lead for IT, the Chief Digital Information Officer will be responsible for ensuring that appropriate technical solutions are in place to enable the ICB to manage email and internet effectively in compliance with legislation and NHS guidance.

Term	Definition
All Managers	All managers are responsible for ensuring that their staff receive relevant training, guidance and support to understand and adhere to this policy and all appropriate supporting guidance and legislation. Managers should refer any specific training needs identified to ensure compliance with this policy to the Head of Information Governance.
Staff	All ICB staff must be aware of their individual responsibilities for competent and appropriate use of the organisation's internet and email systems, in accordance with this policy and legislation. Staff must inform their line manager if they do not understand any aspects of this policy and/or require further associated training.
Local Counter Fraud Specialist (LCFS)	The LCFS works with the ICB to investigate any occurrence or allegation of fraud within the organisation and promote awareness of the NHS Counter Fraud initiative amongst staff and patients.

6. Access

- 6.1. All ICB staff requiring computer access will be allocated a network account, email address and access to the internet, following authorisation by an appropriate senior manager. This allows users to log onto a computer, access their email account and utilise the web browser. These services are not available without a username and password.
- 6.2. Access to the internet through proxy websites or other methods of bypassing security controls or circumventing internet filtering to access content otherwise blocked is not permitted.
- 6.3. Members of the public are not permitted to access the internet via a computer connected to the organisation's network or through a Wi-Fi connection.
- 6.4. Any user who requires temporary exemption from any part of this policy to access specific information for legitimate work or research purposes is required to obtain written authorisation from their Line Manager and Associate Director of Governance.
- 6.5. Users suspected of breaching of this policy may have their access rights suspended until an investigation and any disciplinary procedures have been completed.
- 6.6. It is vital that line managers ensure all NHSmail accounts are closed/marked as leavers by NHIS once the staff member has left their department/ICB to ensure

Web access is closed. Line managers also need to ensure that generic mailbox access is removed.

- 6.7. Further information on computer access control is available in the ICB's Information Security Policy.
- 6.8. Further information on NHSmail access control can be found in the NHIS NHS Mail Account Management for Manager's guide.

7. Staff Responsibilities

- 7.1. The following should be read in conjunction with the NHS Digital NHS Mail Acceptable Use Policy, ICB acceptable behaviours policy, and the 'Misuse of the Internet and Email Systems' section below.
- 7.2. Staff using the internet and email must conduct themselves in accordance with their terms and conditions of employment or appointment.
- 7.3. Staff must only use the Web Browsers supplied and maintained by NHIS which are Chrome and Edge. Staff must not load other browsers or ISP (Internet Service Provider) software, later versions / patches or upgrades from CD-ROM, or from the Internet (including Windows updates), without prior authorisation by NHIS.
- 7.4. Staff who intend to make information available over the internet about the organisation's facilities and services must ensure that they liaise with the ICB's Communications Team and the Branding and Design Guidelines.
- 7.5. Staff must not continue to use an item of networking software or hardware, following a request from NHIS or a ICB manager to cease doing so on the grounds of causing disruption or risk to the correct functioning of the organisation's information systems.
- 7.6. Internet monitoring software is in use which records, prevents access to or warns users about certain categories of sites. Where a user has a legitimate business need to access a restricted site they should complete the online approval form for Access to Blocked Internet Sites via the NHIS portal.
- 7.7. It is recognised that in the course of their work or associated research, some staff may have a requirement to access, transmit or receive material that may be defined as offensive, obscene, indecent or similar. Any such requirement should be logged with the Information Governance Team. In most cases, such internet sites will be blocked and will require unblocking using the Approval Form for Access to Blocked Internet Sites. Access to pornographic images is deemed to be misuse.
- 7.8. Where files downloaded it is the staff member's responsibility to obey any licensing terms that may apply.

- 7.9. Downloading images, MP3 files and streaming video or audio can have a significant impact on the performance of the network and must be restricted to authorised business needs only.
- 7.10. Staff are expected to use the same personal and professional courtesy in emails as they would in any other forms of communication. Email messages are written documents and may be used as such in a court of law. They may also be disclosed to the public as the result of a Freedom of Information request. Therefore, staff are advised to create all email messages with a view to them being public correspondence.
- 7.11. Where email is used to communicate externally, users must not give the impression that their personal comments represent the views of the ICB unless specifically authorised to do so.
- 7.12. The use of email for critical correspondence should not be relied upon without independent verification of receipt.
- 7.13. Email addresses are traceable and identifiable to the organisation and usually to individuals. Any comments made on external websites should contain an appropriate disclaimer that is recommended by the ICB's Communications Team.
- 7.14. Staff accessing NHS mail from a non-ICB issued device e.g. personal laptop or mobile phone must only do so by using the web version of NHSmail. Users must also log-in under the standard default setting, which does not allow any attachments to be downloaded or any content to be cached.

8. Personal Use

- 8.1. Access to email and the internet is provided to staff for ICB business-related purposes, but it is accepted that they may be accessed for purposes not directly relevant to the organisation's business. This should be limited and reasonable use and only take place outside an individual's normal working hours or during authorised rest periods, with line management direction, and where this does not interfere with the normal work duties of the individual or others.
- 8.2. There is no absolute right for staff to use email or internet for personal use. Access to the internet and email that is not for ICB business should only take place where it complies with the organisation's view of appropriate use, as indicated by this policy.
- 8.3. Personal emails should be labelled as personal; staff should be aware that personal emails may be accessed under certain circumstances.
- 8.4. The ICB will not be liable for any financial or material loss to an individual user when using email for personal use.
- 8.5. The ICB will not be liable for any financial loss to any external supplier of goods and/or services in the event of an individual user failing to honour any financial

obligations contracted to that supplier whilst using the ICB's email system for personal use.

9. Use of Social Media

- 9.1. Access to social media sites is restricted to staff who have a legitimate reason to be provided with access.
- 9.2. Only authorised staff are allowed to communicate on behalf of the ICB via social media, and the use of the ICB's corporate logo or other visible markings or identifications associated with the ICB is not permitted.
- 9.3. All ICB employees and appointees are reminded of the confidentiality statement included in their contract of employment and all staff are reminded of their duty to comply with all information security requirements in the organisation's suite of information governance policies.
- 9.4. Staff must not disclose any ICB information that is or may be sensitive, confidential and person-identifiable, or subject to a non-disclosure contract or agreement.
- 9.5. Staff should not divulge details of their NHS employer on their personal profile pages. If this information is divulged staff must state that they are tweeting/blogging etc in a personal capacity.

10. Transfer of Personal Confidential Data and Confidential Corporate Information

- 10.1. All transfers of personal confidential data must comply with Data Protection legislation and Caldicott Principles. In particular, they should:
 - Be an approved lawful data flow agreed by the SIRO and DPO.
 - Be notified to the Information Governance Team to record on the Data Flow Mapping register.
 - Only be sent on a 'need to know' basis.
 - Be supported by a justifiable reason to send the information.
 - Be pseudonymised, wherever possible.
 - Be sent using adequate security as per local and national guidelines.
- 10.2 The principles of confidentiality and data protection must also be applied to the email transfer of information associated with confidential corporate information.
- 10.3 Individual users are only permitted to use authorised instant messaging services such as Microsoft Teams.

- 10.4 Individual users must NOT send or forward PCD or ICB commercially sensitive data to personal non-work email addresses. Examples include but are not limited to Google/Gmail, Hotmail, Yahoo mail, AOL mail, internet or remote storage areas and email services provided by other ISPs.
- 10.5 Agreed information sharing protocols must be in place when regularly sending or forwarding PCD to individuals in other organisations.
- 10.6 PCD or ICB commercially sensitive data should only be exchanged electronically when encrypted to at least the minimum security standards. NHSmail sent to secure domains is automatically encrypted and complies with the pan-government email standard.
- 10.7 Detailed Guidance on how to send secure emails can be found in the Safe Haven Procedure.

11. Email Retention and Deletion

- 11.1. Emails must be retained or deleted in line with ICB's Records Management Policy which adheres to the Health and Social Care Records Management Code of Practice (2016). Emails relating to an incident or event subject to a regional or national NHS Stop Order (ahead of an inquiry or investigation) must not be deleted. These must be retained or archived.
- 11.2. Attachments and emails should be saved to an appropriate directory on the shared network drives or SharePoint. Information must not be saved onto the C:Drive or desktop unless this is on an encrypted laptop and access to the network is unavailable.
- 11.3. The email system should not be used as a general repository for records.
- 11.4. Emails and their content may be classed as a corporate record and therefore could be requested under the Freedom of Information Act (2000) and the Data Protection legislation. This applies to all retained emails (including those held in 'deleted Items' and email folders), regardless of their content, sender, whether they relate to the business of the organisation, service users, members of the public, or have been generated by staff for purposes not directly relevant to the ICB.
- 11.5. Further details can be found in the ICB's Freedom of Information and Environmental Information Regulations Policy.

12. Protection against Viruses

- 12.1. All computer equipment within the ICB is virus protected, and incoming messages are virus checked. However, users should report any unusual occurrences relating to the performance of their computer to the IT Service Desk.

- 12.2. Receipt of 'suspicious'¹ emails or email attachments should be reported to the NHSmail IT Service Desk via spamreport@nhs.net using the process detailed in the [Cyber Security Guidance](#). Care should be taken, or IT advice should be sought, before opening any suspicious or unexpected email attachments or links.
- 12.3. Where a 'suspicious' attachment or link has been clicked on staff are instructed to report this to the NHIS IT helpdesk immediately.
- 12.4. The deliberate introduction of viruses or similarly harmful programs will be considered as an act of gross misconduct and action will be taken in accordance with the ICB's Disciplinary Policy.
- 12.5. Further guidance on protection against computer viruses is available in the ICB's Information Security Policy.

13. Incident Reporting

- 13.1. All actual, potential or suspected incidents involving use of email or internet need to be documented in line with the ICB's Incident Reporting Policy.
- 13.2. Incidents may need to be entered on the Incident reporting module of the Data Security and Protection Toolkit. These will usually be incidents where there is a loss of personal data involving a large number of individuals or particularly sensitive personal and confidential information has been disclosed without the legal basis to do so or in error. Staff should contact their Line Manager, Data Protection Officer, Caldicott Guardian/SIRO as appropriate when reporting incidents.

14. Misuse of the Internet and Email Systems

- 14.1. Misuse of the internet or email system may make both the user and the ICB liable under law, or may impede the function of the ICB's network systems and affect wider network users and the efficient functioning of email.
- 14.2. All users are responsible for complying with the 'Personal Use' and 'Roles and Responsibilities' sections above and for ensuring that they do not use the ICB's email and internet system for:
 - a) Accessing, composing or transmitting any material considered to be illegal, racist, homophobic, immoral, offensive, obscene, libellous, defamatory, harassing or pornographic (other than for lawful and properly supervised purposes – see section 7.7 above).
 - b) Accessing or transmitting pornographic images falling into the following categories:
 - Level 1: Adult images;

¹ See the 'Definitions' section of this document for details on phishing, spam, spoofing, and malicious software and malware.

- Level 2: Explicit images;
- Level 3: Illegal images.

Instances where Level 3 images are involved will be reported to the police.

- c) Transmitting material that incites others to criminal, racist, homophobic or terrorist acts or incites them to contemplate such acts.
- d) Creating or transmitting defamatory material (note that common law and statutes pertaining to libel apply to the use of the internet) regarding the ICB, ICB business, service-users or staff.
- e) Creating or transmitting material designed to or likely to cause annoyance, inconvenience or needless anxiety to service users, other ICB staff or the general public.
- f) Downloading or distributing 'pirated' software.
- g) Transmitting unsolicited commercial or advertising material to other users, organisations connected to HSCN or organisations connected to other networks.
- h) Deliberate corruption or destruction of other users' data or work.
- i) Accessing and using other staff member's email account without their permission or any other deliberate violation of another user's privacy.
- j) Undertaking activities that deny service to other staff members e.g. accessing streaming video for non-work purposes, sending unwarranted global emails or excessively large emails.
- k) Any deliberate attempt to disable, defeat or circumvent the organisation's internet firewall and other security measures in place to protect the network.
- l) Downloading any shareware or freeware without authorisation by NHIS.
- m) Undertaking activities for personal or commercial financial gain (e.g. sales of personal property, gambling or share dealing) or for political lobbying.
- n) Forging or attempting to forge email messages (e.g. spoofing).
- o) Streaming of video or audio for personal use without permission.

14.3 If any member of staff has concerns about misuse of the internet or email by a colleague, they should inform their Line Manager and the Associate Director of Governance/Head of Information Governance immediately.

15. Investigation of Suspected Misuse

15.1. Any suspected misuse of the internet or email system identified through routine monitoring procedures will initially be attributed to, and be the responsibility of, the associated logged-in user.

- 15.2. Where inappropriate use is suspected from the results of routine monitoring or identified through other incidental events the Associate Director of Governance/ Head of Information Governance will inform the relevant user's Line Manager and initiate an investigation, in accordance with the ICB's disciplinary policy.
- 15.3. Where the Assistant Director of Governance / Head of Information Governance has concerns about possible fraud and/ or corruption in relation to suspected internet or email misuse or is in any doubt whether the misuse constitutes fraud or corruption, both the ICB's SIRO and the Local Counter Fraud Specialist will be informed. Fraud and/or corruption, if proven, may result in criminal action.
- 15.4. Where an event occurs that may warrant investigation digital evidence used about an individual staff member's activity will be processed in line with the ICB's Information Security Policy.
- 15.5. Where any breach of this policy has been established, appropriate action will be taken in accordance with the ICB's Disciplinary Policy.

16. Monitoring of Internet and Email Usage

- 16.1. Monitoring records will be maintained by NHIS and audited upon a request from the ICB, audited periodically and only communicated to those with a valid need to know.
- 16.2. If a user inadvertently accesses a site to which they believe access should be prevented they should immediately inform their Line Manager and the IT Service Desk.

17. Equality and Diversity Statement

- 17.1. The Nottingham and Nottinghamshire ICB pays due regard to the requirements of the Public Sector Equality Duty (PSED) of the Equality Act 2010 in policy development and implementation as a commissioner and provider of services, as well as an employer.
- 17.2. The ICB is committed to ensuring that the way we provide services to the public and the experiences of our staff does not discriminate against any individuals or groups on the basis of their age, disability, gender identity (trans, non-binary), marriage or civil partnership status, pregnancy or maternity, race, religion or belief, gender or sexual orientation.
- 17.3. We are committed to ensuring that our activities also consider the disadvantages that some people in our diverse population experience when accessing health services. Such disadvantaged groups include people experiencing economic and social deprivation, carers, refugees and asylum seekers, people who are homeless, workers in stigmatised occupations, people who are geographically isolated, gypsies, Roma and travellers.

- 17.4. As an employer, we are committed to promoting equality of opportunity in recruitment, training and career progression and to valuing and increasing diversity within our workforce.
- 17.5. To help ensure that these commitments are embedded in our day-to-day working practices, an Equality Impact Assessment has been completed for, and is attached to, this policy.

18. Communication, Monitoring and Review

- 18.1. The ICB's Corporate Assurance Team will ensure that the policy is circulated to the policy 'audience' as documented in the control section of this document. Also ensuring that any key changes to the policy are highlighted.
- 18.2. This policy will be monitored by the Information Governance team through the review of incident reports where staff are found to have sent information inappropriately or erroneously. The ICB will also check staff awareness of phishing emails by sending out test phishing emails. The results of the exercise will inform staff communications, IG Training and awareness activities and may also result in staff being approached at an individual level to undertake further training.
- 18.3. The Associate Director of Governance/Head of Information Governance is responsible for monitoring the organisation's compliance with the procedural and relevant legislative requirements of this policy, supported by assurances obtained from the Data Security and Protection Toolkit self-assessment submissions and the reports on routine monitoring of the use of the Internet and email system.
- 18.4. This policy is one of the Information Governance policies underpinning the ICB's Information Governance Management Framework. The Audit and Risk Committee will therefore seek assurances on the overall implementation of this policy when monitoring compliance with the Information Governance Management Framework.
- 18.5. The policy will be reviewed by the Audit and Risk Committee every three years or in light of any legislative changes.

19. Staff Training

- 19.1. The policy will be highlighted to staff upon their induction to the ICB.
- 19.2. Any individual who has queries regarding the content of this policy, or has difficulty understanding how this policy relates to their role, should contact the IG Team nnicb-nn.igteam@nhs.net.

20. Interaction with other Policies

20.1. This policy should be read in conjunction with relevant sections of the following ICB policies and procedures:

- Risk Management Policy
- Emergency Preparedness, Resilience and Response Policy
- Incident Reporting and Management Policy
- Confidentiality and Data Protection Policy
- Acceptable Use of the Network Policy
- Account Management and Access Policy
- Removable Media Policy
- Internet and Email Policy
- Data Quality Policy
- Records and Management Policy
- Freedom of Information and Environmental Information Regulations Policy
- Standard of Business Conduct Policy
- Statutory and Mandatory Training Policy
- Information Governance Management Framework
- Safe Haven Procedure
- Information Governance Staff Handbook
- Information Governance Code of Conduct
- DPIA Template and Guidance
- Information Asset Management Procedure
- Electronic Remote Working Leaflet
- SAR – Information Rights Procedure
- Data Protection by Design Procedure
- NHIS Smart Card Policy
- NHIS Network Security Policy
- NHIS Patch Management Policy

21. References

- Data Protection Act (2018)
- Freedom of Information Act (2000)
- Computer Misuse Act 1990
- Copyright, Designs and Patents Act 1998
- Health and Safety at Work Act 1974
- Human Rights Act 1998
- Health and Social Care Act 2001
- Regulation of Investigatory Powers Act 2000
- Environmental Information Regulations 2004
- Criminal Justice and Immigration Act 2008
- The NHS Confidentiality Code of Practice (Guidelines on the use and protection of patient information, November 2005)
- RCN Legal advice for RCN members using the internet
- British Standards ISO 27001:2005, ISO 27002:2005
- Health and Social Care Records Management Code of Practice (2016)
- UK General Data Protection Regulation (GDPR)

22. Equality Impact Assessment

Overall Impact on: Equality, Inclusion and Human Rights [Select one option]	Positive <input type="checkbox"/> Neutral <input checked="" type="checkbox"/> Negative <input type="checkbox"/> Undetermined <input type="checkbox"/>
---	--

Name of Policy, Process, Strategy or Service Change	Internet and Email Policy
Date of Completion	October 2023
EIA Responsible Person Include name, job role and contact details.	Paul Miller, Head of IT Email: paul.miller1@nhs.net
EIA Group Include the name and position of all members of the EIA Group.	N/A
Wider Consultation Undertaken State who, outside of the project team, has been consulted around the EIA.	IG Steering Group Staff Engagement Group
Summary of Evidence Provide an overview of any evidence (both internal and external) that you utilised to formulate the EIA. E.g., other policies, Acts, patient feedback, etc.	Equality Act 2010

For the policy, process, strategy or service change, and its implementation, please answer the following questions against each of the Protected Characteristics, Human Rights and health groups:	What are the actual, expected or potential positive impacts of the policy, process, strategy or service change?	What are the actual, expected or potential negative impacts of the policy, process, strategy or service change?	What actions have been taken to address the actual or potential positive and negative impacts of the policy, process, strategy or service change?	What, if any, additional actions should be considered to ensure the policy, process, strategy or service change is as inclusive as possible? Include the name and contact details of the person responsible for the actions.	Impact Score
Age	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	None.	3
Disability ¹ (Including: mental, physical, learning, intellectual and neurodivergent)	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None	Mechanisms are in place via the Communications and Engagement Team to receive the policy in a range of languages, large print, Braille, audio, electronic and other accessible formats.	3
Gender ² (Including: trans, non-binary and gender reassignment)	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	None.	3

Marriage and Civil Partnership	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	None.	3
Pregnancy and Maternity Status	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	None.	3
Race ³	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	None.	3
Religion and Belief ⁴	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	None.	3
Sex ⁵	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	None.	3
Sexual Orientation ⁶	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	None.	3
Human Rights ⁷	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	Links with Article 8 of Human Rights Act – right to private life.	3

Community Cohesion and Social Inclusion ⁸	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	None.	3
Safeguarding ⁹ (Including: adults, children, Looked After Children and adults at risk or who lack capacity)	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	Internet usage – restricting the use of websites, for example reducing the ability of people to access gambling websites who may have an addiction. Use of web filtering also prevents access to adult only content, imaging, extremist info.	3
Other Groups at Risk ¹⁰ of Stigmatisation, Discrimination or Disadvantage	There are no actual or expected positive impacts on this characteristic.	There are no actual or expected negative impacts on this characteristic.	None.	None.	3

Additional Narrative Provide additional evidence and narrative about the positive, negative, and neutral impacts of the proposal on the equality, inclusion and human rights elements detailed above. You should consider: <ul style="list-style-type: none"> • Three elements of Quality (safety, experience and effectiveness) • Intersectionality • Impact of COVID-19 • Access to Services <ul style="list-style-type: none"> ○ Physical ○ Written communication ○ Verbal communication • Digital Poverty • Safeguarding • Dignity and Respect • Person-centred Care 				Here you should add additional detail or explanation around the positive, negative, and neutral impact of the proposals on the above protected characteristic and health inclusion groups. To address this, you should consider the barriers to accessing or using the service, including the mitigations to respond to these. There may be times when websites deemed inappropriate but needed for legitimate work purposes are blocked, which is covered in 7.6 and 7.7 of this policy. It is recognised there is a need to balance safeguarding whilst also not preventing people from doing work legitimately when needed.	3
Positive Impact	Neutral Impact	Negative Impact	Undetermined Impact	Equality Impact Score Total	42
56 to 50	49 to 36	35 to 22	21 to 14		

Positive	Neutral	Negative	Undetermined
4	3	2	1

1. Disability refers to anyone who has: "...a physical or mental impairment that has a 'substantial' and 'long-term' negative effect on your ability to do normal daily activities..." (Equality Act 2010 definition). This includes, but is not limited to: mental health conditions, learning disabilities, intellectual disabilities, neurodivergent conditions (such as dyslexia, dyspraxia and dyscalculia), autism, many physical conditions (including HIV, AIDS and cancer), and communication difficulties (including d/Deaf and blind people).
2. Gender, in terms of a Protected Characteristic within the Equality Act 2010, refers to: "A person has the protected characteristic of gender reassignment if the person is proposing to undergo, is undergoing or has undergone a process (or part of a process) for the purpose of reassigning the person's sex by changing physiological or other attributes of sex."
3. Race, in terms of a Protected Characteristic within the Equality Act 2010, refers to: A person's colour, nationality, or ethnic or national origins. This also includes people whose first spoken language is not English, and/or those who have a limited understanding of written and spoken English due to English not being their first language.
4. Religion and Belief, in terms of a Protected Characteristic within the Equality Act 2010, refers to: Religion means any religion and a reference to religion includes a reference to a lack of religion. Belief means any religious or philosophical belief and a reference to belief includes a reference to a lack of belief.
5. Sex, in terms of a Protected Characteristic within the Equality Act 2010, refers to: A reference to a person who has a particular protected characteristic and is a reference to a man or to a woman.
6. Sexual Orientation, in terms of a Protected Characteristic within the Equality Act 2010, refers to: Sexual orientation means a person's sexual orientation towards persons of the same sex, persons of the opposite sex or persons of either sex.
7. The Human Rights Act 1998 sets out the fundamental areas that everyone and every organisation must adhere to. In relation to health and care, the most commonly applicable of the Articles within the Human Rights Act 1998 include: Article 2 Right to Life, Article 5 Right to Liberty and Security, Article 8 Right to Respect of Private and Family Life, and Article 9 Freedom of Thought, Conscience and Religion.
8. Community Cohesion is having a shared sense of belonging for all groups in society. It relies on criteria such as: the presence of a shared vision, inclusion of those with diverse backgrounds, equal opportunity, and supportive relationships between individuals. Social

Inclusion is defined as the process of improving the terms of participation in society, particularly for people who are disadvantaged, through enhancing opportunities, access to resources, voice and respect for rights (United Nations definition). For the EQIA process, we should note any positive or negative impacts on certain groups being excluded or not included within a community or societal area. For example, people who are homeless, those from different socioeconomic groups, people of colour or those from certain age groups.

9. Safeguarding means: "...protecting a citizen's health, wellbeing and human rights; enabling them to live free from harm, abuse and neglect. It is an integral part of providing high-quality health care. Safeguarding children, young people and adults is a collective responsibility" (NHS England definition). Those most in need of protection are children, looked after children, and adults at risk (such as those receiving care, those under a DoLS or LPS Order, and those with a mental, intellectual or physical disability). In addition to the ten types of abuse set out in the Health and Care Act 2022, this section of the EQIA should also consider PREVENT, radicalisation and counterterrorism.

10. Other Groups refers to anyone else that could be positively or negatively impacted by the policy, process, strategy or service change. This could include, but is not limited to: carers, refugees and asylum seekers, people who are homeless, gypsy, Roma and traveller communities, people living with an addiction (e.g., alcohol, drugs or gambling), people experiencing social or economic deprivation, and people in stigmatised occupations (e.g., sex workers).