

What is NHS Fast Track Continuing Healthcare Personal Health Budget?

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easy read	This book is to help you understand Personal Health Budgets and NHS Fast Track Continuing Healthcare
you	This book is for people with intellectual disabilities, family, carers and anyone who helps a person with an intellectual disability
family friends and advocate	You can look at the book on your own
	Or you can ask someone to look at the book with you and talk about what it says
words and text text words text words text words	There is a list of hard words at the back of the book to tell you what each word means

What is this book about?	
finding out	This book is about money from the NHS to pay for help and care when you are very unwell
budget	This is called NHS Fast Track Continuing healthcare
not getting better	If you are very ill and need a lot of help in a hurry A doctor or nurse can decide to give you NHS Continuing Healthcare straight away This is called Fast Track Funding



NHS Fast Track Continuing Healthcare is for people who need a lot of help because of their health

The doctor or nurse must fill out the Fast Track Pathway Tool

This tool needs to clearly show

- that a person is quickly becoming very unwell
- They may be close to dying.



You or your family can ask about Fast Track NHS Continuing Healthcare. You can ask your doctor or nurse

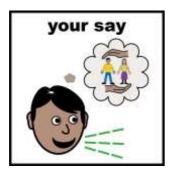
- Who decides about Fast Track NHS Continuing Healthcare in my area?
- Can I have this funding?





Speak to the doctor or nurse that is supporting you about

- What matters most to you?
- What care do you already have in place?
- Is the care you currently have working well?
- Would you like it to continue either in part or fully?
- What support would you like?
- Who would you like to support you, and how often?



The doctor or nurse will collect all the information they need

They will write about what they have seen and heard

agree	They will ask you and your family or advocate if you agree with what they have said
support plan	They will then send over the information to the local Fast Track NHS Continuing Healthcare Team
assessment and referral team	The local team will review the information to see if you can have the funding

we are	If NHS Nottingham and Nottinghamshire says 'Yes' they will choose someone to work with you They might be called a case Manager, personalised care coordinator or personal health Budget Coordinator
don't agree	NHS Nottingham and Nottinghamshire may not agree to the request They will explain the reasons to you and your family or advocate
budget	After 1 April 2014 you can ask for NHS Fast Track Continuing Healthcare to be a Personal Health Budget if this is good for you The NHS must agree to this

how much	A Personal health budget is when the NHS tells you how much money there is for your help and care You agree with them how it will be used
our choice	There are 3 ways you can have a personal health budget
fund services	Budget (money) held by the NHS The NHS tells you how much money there is for your help and care You say how you want the NHS to spend the money
support	2. Budget (money) held by someone else The NHS tells you how much money there is for your help and care A support service looks after the money for you They help with paying for the care and support that has been approved

budget holders name	3. A direct payment is when you, your family, friend, or advocate are given money to pay for your help and careYou control the money
talking and listening	Listening to you and having conversations is key to make sure you have care in the best way to meet your needs
quality care	Making your end-of-life journey as smooth as possible Both for yourself and your loved ones
budget holder feedback we think	It is important to have feedback to know what is working and what could be done better
feedback	If you want to tell us about your end of life journey your doctor or nurse can send you the form in the best way for you This can be by email or by post or link to a website

List of hard words and what they mean		
NHS Continuing Healthcare	Pays for help and care for people who need a lot of help because of their health	
Fast track Funding	A quicker way of getting NHS Continuing Healthcare when you are very ill	
Intellectual disability	When a person may take longer to learn and read a lot of information. They may need more time to learn new skills	
Personalised conversations	Talking and listening with you about what matters to you and what is important to you	
Personal Health Budget	When the NHS tells you how much money there is for your help and care	
	You agree with the NHS how the money will be used	
Advocate	A person who support you when making choices and decisions	