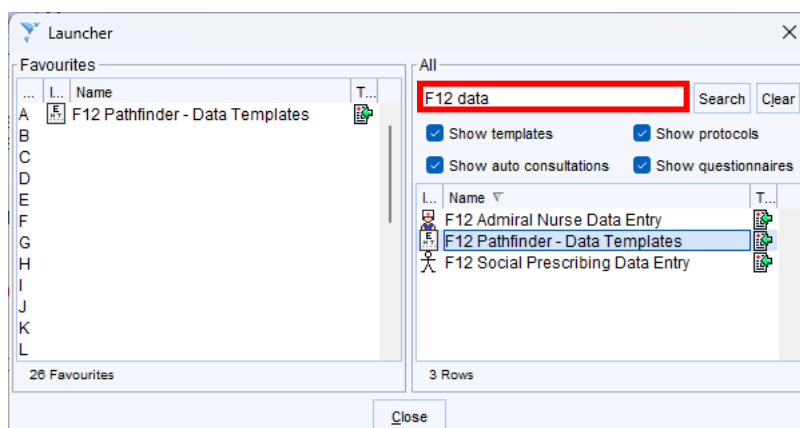




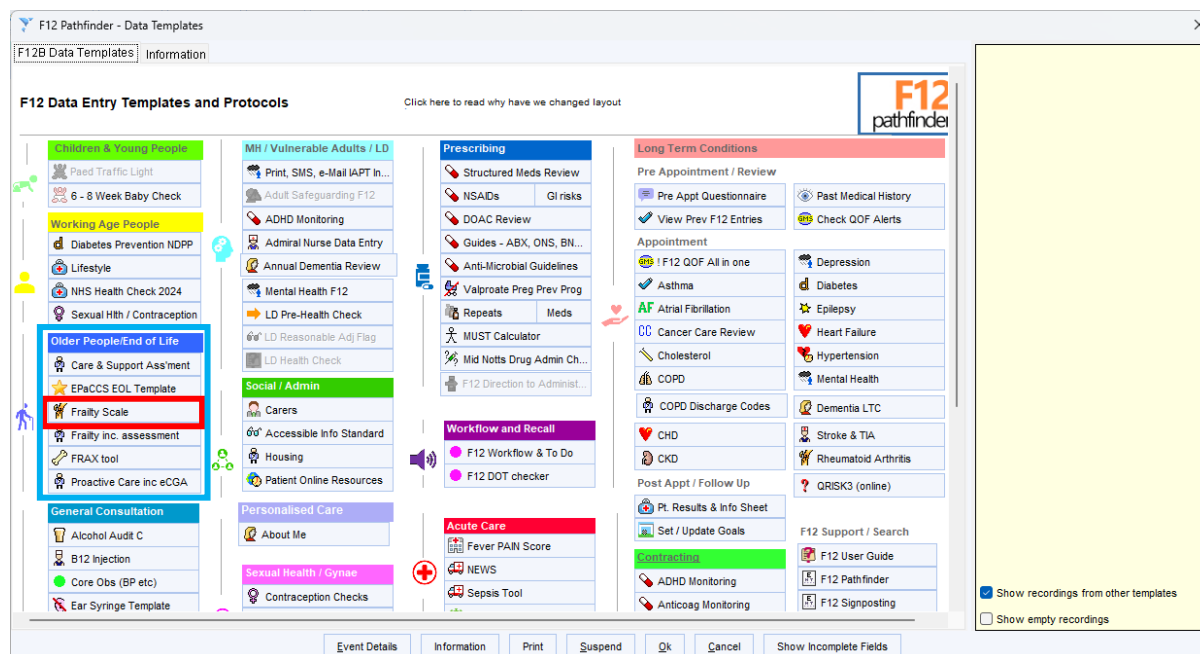
## Finding Clinical Frailty Data Entry Templates in SystemOne

### GP Practices using F12

From within a patient record launch the F12 Data Entry Dashboard by pressing **F12** on your keyboard. If you don't already have it set as a favourite, you can **search** for it. Double click the template to launch it.



This will launch the dashboard. You can find the **Frailty Scale** template under the **Older people/End of Life** section.



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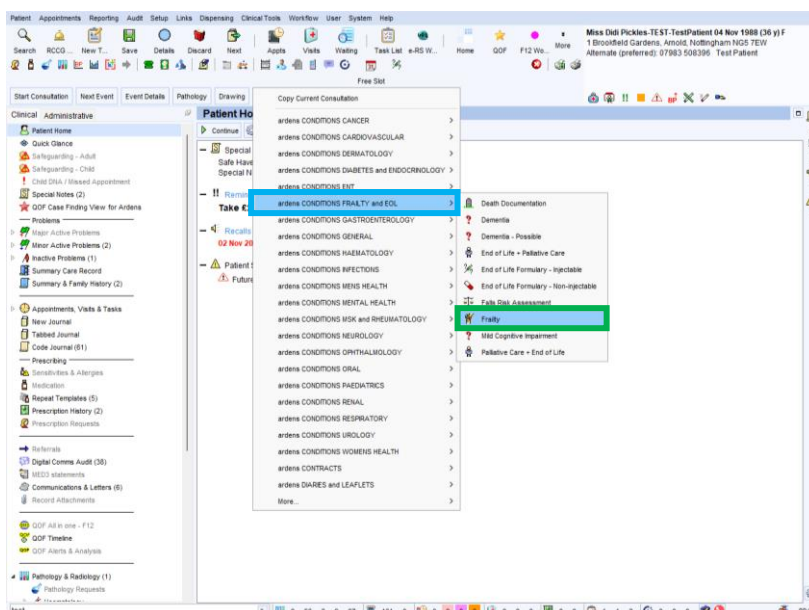
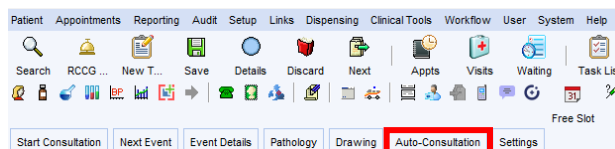


Once you have selected the template you can use the **tick boxes** to select the relevant score. If applicable you can also add the **related SNOMED code**. Use the **pencil** next to the **selected** tick box to add any relevant notes.

## GP Practices using Ardens

From within the patient record navigate to the **Auto-Consultations**.

Go to **ardens CONDITIONS FRAILTY** and **EOL** and then select the **Frailty** template.



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This will launch the Frailty template. Navigate to the **Diagnosis** tab.

You can add the relevant code using the **drop down** next to Rockwood CSHA Scale. Alternatively, you can use the Rockwood Scale (Clinical Frailty Scale) tool by selecting the **button**. (see below for template info)

You can code the Frailty status using the **drop down** once you have completed the tool.

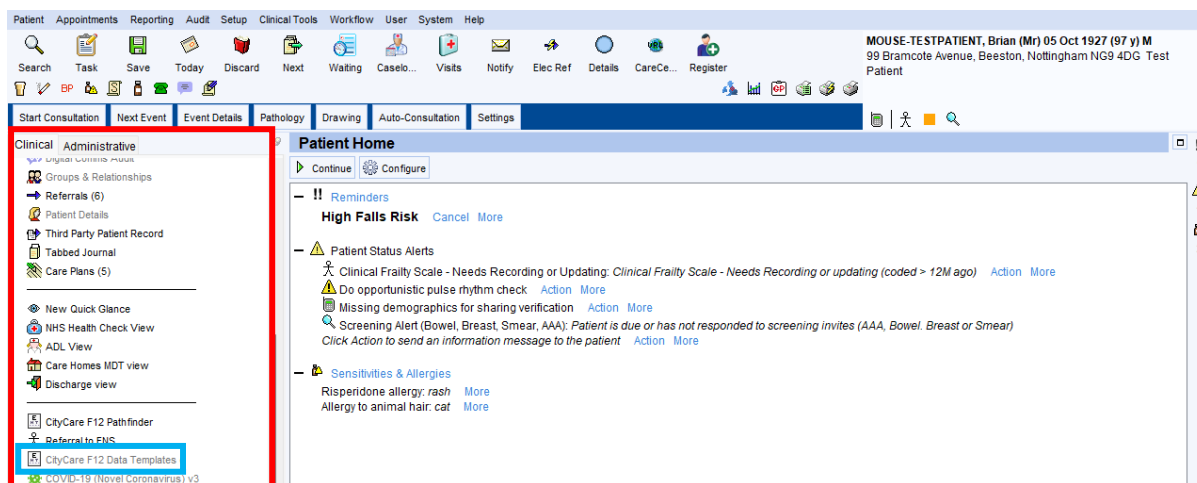
The Rockwood Scale (Clinical Frailty Scale) template will present as below. You can use the **tick boxes** to add the codes and add any notes using the **pencil** next to the **selected** tick box.

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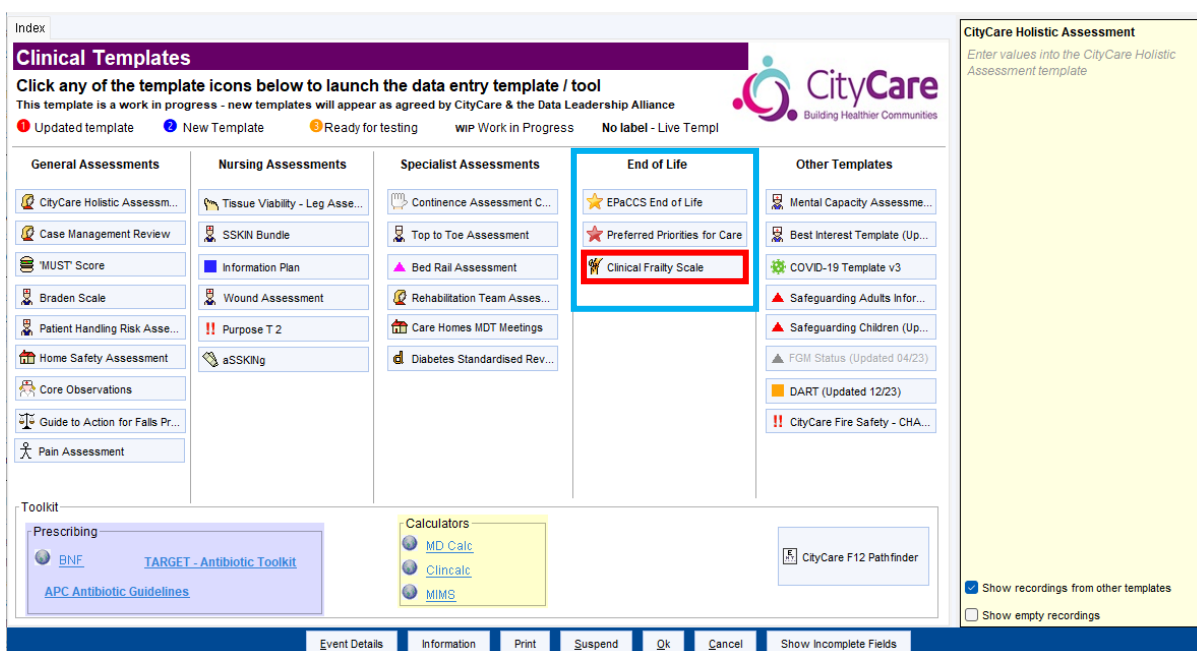


## Community Services

From within the Patient record navigate to the **Clinical Tree** and double click the **CityCare F12 Data Templates**.



This will launch the City Care F12 Data Templates Dashboard. You can find the **Clinical Frailty Scale** template under the **End of Life** section.





Once you have selected the template you can use the **tick boxes** to select the relevant score. If applicable you can also add the **related SNOMED code**. Use the **pencil** next to the **selected** tick box to add any relevant notes.

**Clinical Frailty Scale (CFS)**

**1 Very Fit** – People who are robust, active, energetic and motivated. These people commonly exercise regularly. They are among the fittest for their age.  
Score 1 ☐

**2 Well** – People who have no active disease symptoms but are less fit than category 1. Often, they exercise or are very active occasionally, e.g. seasonally.  
Score 2 ☐

**3 Managing Well** – People whose medical problems are well controlled, but are not regularly active beyond routine walking.  
Score 3 ☐

**4 Vulnerable** – While not dependent on others for daily help, often symptoms limit activities. A common complaint is being 'slowed up', and/or being tired during the day.  
Score 4 ☐

**5 Mildly Frail** – These people often have more evident slowing, and need help in high order IADLs (finances, transportation, heavy housework, medications). Typically, mild frailty progressively impairs shopping and walking outside alone, meal preparation and housework.  
Score 5 ☒ Mild frailty ☒

**6 Moderately Frail** – People need help with all outside activities and with keeping house. Inside, they often have problems with stairs and need help with bathing and might need minimal assistance (cuing, standby) with dressing.  
Score 6 ☐ Moderate frailty ☐

**7 Severely Frail** – Completely dependent for personal care, from whatever cause (physical or cognitive). Even so, they seem stable and not at high risk of dying (within ~ 6 months).  
Score 7 ☐ Severe frailty ☐

**8 Very Severely Frail** – Completely dependent, approaching the end of life. Typically, they could not recover even from a minor illness.  
Score 8 ☐ Severe frailty ☐

**9. Terminally Ill** – Approaching the end of life. This category applies to people with a life expectancy <6 months, who are not otherwise evidently frail.  
Score 9 ☐ Severe frailty ☐

**End-Of-Life**  
Current Frailty Code - Scale - Score  
Canadian Study of Health and Aging clinical fr... No numeric readi...  
Electronic Frailty Index score No numeric readi...  
Number of falls in last year (if recorded) No numeric readi...  
Frailty coding last 12 months  
Previous Falls Assessment - Last 12 months  
Open referrals out - check for referrals to falls service

**Scoring frailty in person with dementia**  
The degree of frailty corresponds to the degree of dementia.  
Common symptoms in mild dementia include forgetting the details of a recent event, though still remembering the event itself, repeating the same question/story and social withdrawal.  
In moderate dementia, recent memory is very impaired, even though they seemingly can remember their past life events well. They can do personal care with prompting.  
In severe dementia, they cannot do personal care without help.

\* 1. Canadian Study on Health & Aging, Revised 2008 : 2. K. Rockwood et al. A global clinical measure of fitness and frailty in elderly people. CMAJ 2005;173:489-495

**Score 1**  
Date  Che...  
No previous values  
☒ Show recordings from other templates  
☐ Show empty recordings

Event Details Information Print Suspend Ok Cancel Show Incomplete Fields