

# Health Care Professionals BRAN Communication Tool



Nottingham and  
Nottinghamshire

## Shared Decision Making

*Leading Improvement in Treatment Options  
and Decisions and Informed Consent*



**what  
matters  
to you?**

**ask** what matters – **listen** to what matters – **do** what matters

**B****Benefits:**

The benefits of (X) treatment is...  
The reason this is the best available treatment option...  
You will gain (X) from the treatment...  
The chance of the treatment being successful is...

**R****Risks:**

The chance the treatment (X) not working is...  
The possible side effects of the treatment (X) are...  
The possible complications of the treatment (X) are...  
The treatment (X) might affect your quality of life by...

**A****Alternatives:**

Alternatives to this treatment (X) are...  
The other treatment options are (X)...  
The benefits and risks of the other treatment (X) options are...  
Treatment (X) option should be used first because...

**N****Nothing:**

The outcome of doing nothing may be...  
If you don't have treatment, your condition may change...  
Your condition will or will not be more difficult to treat later...

So I can check I've explained things properly can you tell me in your own words what we have discussed?



For training, top tips and resources on Shared Decision Making  
<https://notts.icb.nhs.uk/your-health/personalised-care-2/workforce-personalised-care-hub/shared-decision-making/>