



Dear Requestor

RE: Freedom of Information Request

With reference to your request for information I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we partially hold the information that you have requested. A response to each part of your request is below.

Please note, as of 1 April 2020 the following Clinical Commissioning Groups (CCGs), NHS Mansfield & Ashfield CCG, NHS Newark & Sherwood CCG, NHS Nottingham City CCG, NHS Nottingham North & East CCG, NHS Nottingham West CCG and NHS Rushcliffe CCG, merged to become NHS Nottingham and Nottinghamshire CCG. More information around the new NHS Nottingham and Nottinghamshire CCG can be found on our website - <https://nottscgg.nhs.uk/about-us/our-cgg/>

In the request you asked:

What was the date of the CCG's policy introduction?

July 2018

What was the name of the CCG's policy? (if applicable)

Service Restriction Policy

3-Which surgical procedures does the policy apply to?

Please see attached policy.

4-If a BMI threshold is in place please indicate: (Select from N/A, ≥ 25 , ≥ 30 , ≥ 35 , ≥ 40 or other)- if other please indicate

Not applicable for hip replacement (primary) surgery or knee replacement (primary) surgery. The Service Restriction Policy does not include BMI criteria or smoking criteria other than for plastic surgery procedures.

5-Please choose the option that best matches the nature of the policy regarding BMI:

- No restriction in access to surgery or change to patient pathway
- Policy stating advice only to be given (on weight loss) - no added services or extra wait for access to surgery
- Policy offering extra services (for weight management) to those at a particular threshold - patients advised to use but no requirement to engage
- Policy offering extra services (for weight management) to those at a particular threshold - mandatory referral but no requirement to engage
- Policy that introduces extra waiting time to surgery for all those at a particular threshold, but no penalty for engagement or outcome
- Policy that delays access to surgery until engagement/outcome attempted
- Policy that denies access to surgery based on thresholds - services provided to help patients reach thresholds
- Policy that denies access to surgery based on thresholds - no additional services provided to help patient reach the threshold

NHS Nottingham and Nottinghamshire CCG do not hold this information.

6-Please indicate the type of support offered to patients with a BMI over the policy threshold:

- No additional support offered
- One-to-one support
- Group sessions e.g. slimming group vouchers
- Physiotherapy

Other (please indicate) – NHS Nottingham and Nottinghamshire CCG do not hold this information.

7-Please detail whether patients are subject to smoking thresholds in order to access surgery (e.g. must stop smoking 8 weeks prior to surgery):

Not applicable for hip replacement (primary) surgery or knee replacement (primary) surgery. The Service Restriction Policy does not include BMI criteria or smoking criteria other than for plastic surgery procedures.

8-Please choose the option that best matches the nature of the policy regarding smoking:

- No restriction in access to surgery or change to patient pathway
- Policy stating advice only to be given (on weight loss) - no added services or extra wait for access to surgery
- Policy offering extra services (for weight management) to those at a particular threshold - patients advised to use but no requirement to engage
- Policy offering extra services (for weight management) to those at a particular threshold - mandatory referral but no requirement to engage
- Policy that introduces extra waiting time to surgery for all those at a particular threshold, but no penalty for engagement or outcome
- Policy that delays access to surgery until engagement/outcome attempted
- Policy that denies access to surgery based on thresholds - services provided to help patients reach thresholds
- Policy that denies access to surgery based on thresholds - no additional services provided to help patient reach the threshold

NHS Nottingham and Nottinghamshire CCG do not hold this information.

9-Please detail any support from smoking cessation services offered to patients that smoke:

- One-to-one support
- Group sessions
- **Other (please indicate)** – Patients can be referred to stop smoking services via their GP practice.

10-Are patients that don't meet the BMI or smoking threshold subject to a fixed extra waiting time ahead of surgery?

- Yes
- No

NHS Nottingham and Nottinghamshire CCG do not hold this information.

11-If yes, please detail the length of time patients are required to wait:

Not applicable.

12-Was there a different policy in place before this current policy? (if no policy is in place now but there was a previous policy please indicate 'yes')

- **Yes**
- No

13-If yes, what date was this introduced?

- East Midlands Commissioning Policy for Cosmetic Procedures (2011)
- Nottinghamshire Cosmetic and Procedures of Low Clinical Value Procedures (2015)
- Mid Nottinghamshire CCGs Restricted and Not Routinely Funded (2017).



14-Please detail the main differences between the old policy and the current policy regarding BMI and smoking criteria and support:

The Service Restriction Policy, which includes both hip and knee replacement criteria, supersedes the Nottinghamshire Cosmetic and Procedures of Low Clinical Value Procedures (2015) policy. Please see attached both of the aforementioned policies for details of the differences in each policy relating to hip and knee procedures.

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Clinical Commissioning Group have an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Associate Director of Governance via lucy.branson@nhs.net or by writing to NHS Nottingham and Nottinghamshire CCG, 1 Standard Court, Park Row, Nottingham, NG1 6GN.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office, who will consider whether the organisation has complied with its obligations under the Act, and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire Clinical Commissioning Group formerly known as NHS Mansfield and Ashfield Clinical Commissioning Group, NHS Newark and Sherwood Clinical Commissioning Group, NHS Rushcliffe Clinical Commissioning Group, NHS Nottingham West Clinical Commissioning Group, NHS Nottingham City Clinical Commissioning Group and Nottingham North and East Clinical Commissioning Group. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>

Complaints to the Information Commissioner's Office should be sent to: FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF
Telephone 0303 123 1113 or report a concern: <https://ico.org.uk/concerns/>

Yours sincerely

Freedom of Information Officer on behalf of *NHS Nottingham and Nottinghamshire Clinical Commissioning Group formerly known as NHS Rushcliffe Clinical Commissioning Group, NHS Nottingham West Clinical Commissioning Group, NHS Nottingham City Clinical Commissioning Group, NHS Nottingham North and East Clinical Commissioning Group, NHS Mansfield and Ashfield Clinical Commissioning Group and NHS Newark and Sherwood Clinical Commissioning Group.*

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All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Clinical Commissioning Group. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via notts.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.

