

Dear Requestor

RE: Freedom of Information Request

With reference to your request for information I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do hold the information that you have requested. A response to each part of your request is below.

Please note, as of 1 April 2020 the following Clinical Commissioning Groups (CCGs), NHS Mansfield & Ashfield CCG, NHS Newark & Sherwood CCG, NHS Nottingham City CCG, NHS Nottingham North & East CCG, NHS Nottingham West CCG and NHS Rushcliffe CCG, merged to become NHS Nottingham and Nottinghamshire CCG. More information around the new NHS Nottingham and Nottinghamshire CCG can be found on our website - <https://nottscgg.nhs.uk/about-us/our-cgg/>

In the request you asked:

I am compiling a list of the different diabetes services and centres in each of the UK CCG's. Please can you send me a list or point me in the direction where I can find this information?

Please see below in response to your request.

Service Area	Overview	Population covered
General Practice	<ul style="list-style-type: none"> ➤ Diabetes can be monitored and managed through routine and annual check-ups and prescription of medications by GP Practices. 	<ul style="list-style-type: none"> ➤ Patients registered with a GP Practice in Nottingham and Nottinghamshire
Type 2 Diabetes Prevention	<ul style="list-style-type: none"> ➤ Healthier You: NHS Diabetes Prevention Programme helps those at high risk of Type 2 diabetes to reduce their risk. It is a 9-12 month programme which includes help and guidance to eat well and provides tips on weight loss (where appropriate) and physical activity. ➤ Provided by Living Well, Taking Control 	<ul style="list-style-type: none"> ➤ Adults 18yrs & over with pre-diabetes ➤ Available CCG wide
Type 1 Diabetes Structured Education – DAFNE	<ul style="list-style-type: none"> ➤ DAFNE (dosage adjustment for normal eating) is a group education programme for people with established type 1 diabetes. ➤ Run at Nottingham University Hospital sites. 	<ul style="list-style-type: none"> ➤ Adults 18 years & over with a confirmed diagnosis of Type 1 diabetes. ➤ Nottingham City and South Nottinghamshire
Type 1 Diabetes Structured Education – KAREN	<ul style="list-style-type: none"> ➤ KAREN Kings Mill's Adjustment Regimen for Eating Normally is a group education programme for people with established type 1 diabetes. ➤ Run at Kings Mill Hospital 	<ul style="list-style-type: none"> ➤ Adults 18 years & over with a confirmed diagnosis of Type 1 diabetes. ➤ Mid-Nottinghamshire
Type 2 Diabetes Structured Education - DESMOND	<ul style="list-style-type: none"> ➤ DESMOND (Diabetes Education and Self-Management for ongoing and Newly Diagnosed) is a structured group education programme for individuals with Type 2 diabetes. The course aims to improve understanding and promote self- 	<ul style="list-style-type: none"> ➤ Adults 18 years & over with a confirmed diagnosis of Type 2 diabetes. ➤ Available CCG wide

	<ul style="list-style-type: none"> ➤ management of the condition. ➤ Provided by CityCare for PLWD in Nottingham City ➤ Provided by Nottinghamshire Healthcare Trust for PLWD in South & Mid-Nottinghamshire 	
Type 1 Diabetes Online Self-Management – MyType1Diabetes	<ul style="list-style-type: none"> ➤ MyType1Diabetes, provided by MyWay Digital Health, includes free online tailored advice and information created by NHS experts in diabetes. ➤ https://mytype1diabetes.nhs.uk/ 	<ul style="list-style-type: none"> ➤ Adults 18 years & over with a confirmed diagnosis of Type 1 diabetes. ➤ Available CCG wide
Type 1 Diabetes Online Self-Management - DigiBete	<ul style="list-style-type: none"> ➤ DigiBete is a free online service to support children and young people to manage their Type 1 diabetes. The service is available via the DigiBete App or online at www.digibete.org 	<ul style="list-style-type: none"> ➤ Children and young people with confirmed diagnosis of type 1 diabetes ➤ Available CCG wide
Type 2 Diabetes Online Self-Management – Healthy Living	<ul style="list-style-type: none"> ➤ Healthy Living is a free online NHS service for people living with Type 2 diabetes, which provides knowledge and information that will support you to manage your condition. It includes information about Type 2 diabetes and its treatments, offers advice on emotional and mental wellbeing, and helps with adopting and maintaining healthy behaviours around diet and exercise. ➤ https://healthyliving.nhs.uk/ 	<ul style="list-style-type: none"> ➤ Adults 18 years & over with a confirmed diagnosis of Type 2 diabetes. ➤ Available CCG wide
Community Diabetes Specialist Nursing Teams	<ul style="list-style-type: none"> ➤ Specialist community diabetes support providing access to telephone education, advice and support to both patients and healthcare professionals; emotional and psychological support; structured education programmes (both group and one to one sessions); continuous blood glucose monitoring; foot assessment; care planning and insulin initiation and management. Onward referral to other HCP teams e.g. Community podiatry, dietetics ➤ Provided by CityCare for PLWD in Nottingham City ➤ Provided by Nottinghamshire Healthcare Trust for PLWD in South Nottinghamshire and Mid Nottinghamshire 	<ul style="list-style-type: none"> ➤ Patients aged 18 and over with confirmed diagnosis of type 1 or complex type 2 diabetes that are registered with a GP in Nottingham & Nottinghamshire are eligible for these services
Secondary Care Services	<ul style="list-style-type: none"> ➤ Acute trusts NUH & SFHT provide access to specialist diabetes support, multi-disciplinary foot teams, vascular surgery, diabetic eye screening, inpatient diabetes support, gestational diabetes clinics, paediatric support for children and young people 	<ul style="list-style-type: none"> ➤ Available CCG wide
Psychological support – Reflections	<ul style="list-style-type: none"> ➤ Reflections is a confidential, self-referral counselling service for patients with diabetes who are experiencing personal problems, or concerns interfering with their quality of life, whether related to work, home or their health condition. ➤ Provided by NUH 	<ul style="list-style-type: none"> ➤ Nottingham City and South Nottinghamshire
Psychological support – IAPT services for people with long term conditions	<ul style="list-style-type: none"> ➤ Services provide evidence based treatments for people with anxiety and depression ➤ Time limited services, providing patients with lifelong techniques to support their mental health 	<ul style="list-style-type: none"> ➤ Available CCG wide

	➤ Provided by: Insight Healthcare Trent PTS Let's Talk Wellbeing	
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If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Clinical Commissioning Group have an internal review procedure through which you can raise any concerns you might have. Further details of this procedure can be obtained by contacting Lucy Branson, Associate Director of Governance via lucy.branson@nhs.net or by writing to NHS Nottingham and Nottinghamshire CCG, 1 Standard Court, Park Row, Nottingham, NG1 6GN.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office, who will consider whether the organisation has complied with its obligations under the Act, and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire Clinical Commissioning Group formerly known as NHS Mansfield and Ashfield Clinical Commissioning Group, NHS Newark and Sherwood Clinical Commissioning Group, NHS Rushcliffe Clinical Commissioning Group, NHS Nottingham West Clinical Commissioning Group, NHS Nottingham City Clinical Commissioning Group and Nottingham North and East Clinical Commissioning Group. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>

Complaints to the Information Commissioner's Office should be sent to: FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF
Telephone 0303 123 1113 or report a concern: <https://ico.org.uk/concerns/>

Yours sincerely

Freedom of Information Officer on behalf of *NHS Nottingham and Nottinghamshire Clinical Commissioning Group formerly known as NHS Rushcliffe Clinical Commissioning Group, NHS Nottingham West Clinical Commissioning Group, NHS Nottingham City Clinical Commissioning Group, NHS Nottingham North and East Clinical Commissioning Group, NHS Mansfield and Ashfield Clinical Commissioning Group and NHS Newark and Sherwood Clinical Commissioning Group.*

notts.foi@nhs.net

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Clinical Commissioning Group. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via notts.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.

