

Date: 4 February 2021
Our reference: N/21/3193

Dear Requestor

RE: Freedom of Information Request

With reference to your request for information I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do hold the information that you have requested. A response to each part of your request is below.

Please note, as of 1 April 2020 the following Clinical Commissioning Groups (CCGs), NHS Mansfield & Ashfield CCG, NHS Newark & Sherwood CCG, NHS Nottingham City CCG, NHS Nottingham North & East CCG, NHS Nottingham West CCG and NHS Rushcliffe CCG, merged to become NHS Nottingham and Nottinghamshire CCG. More information around the new NHS Nottingham and Nottinghamshire CCG can be found on our website - <https://nottsccg.nhs.uk/about-us/our-ccg/>

This FOI response contains information which is held within the CCG, for further detail on Nottingham and Nottinghamshire CCG and partner organisations approach to improving children and young people's mental health, please access the published local transformation plan. The plan can accessed here <https://healthandcarenotts.co.uk/joint-local-transformation-plan/>

In the request you asked:

- a) Specifically we wanted to ask about the NHS Mental Health Implementation plan 2019/20 – 2023/24, and whether where targets align with the recommendations made in the report (highlighted in Table 1 of the attached copy of the plan), there are any local examples of good practice we could highlight?

Nottingham and Nottinghamshire CCG and partners are working to deliver the Long Term Plan ambitions as highlighted within the report, many of the areas of focus identified locally and within the Long Term Plan align with the Mental Healthcare in Young People and Young Adults report. Areas of local good practice include;

Crisis care: In 2019/20, significant transformation has been undertaken to further enhance the response available to children and young people in line with the 3 clinical priority types. This was funded by NHS England winter resilience monies and the outputs are being used to inform future commissioning.

- **Routine** - the crisis telephone support line has now been enhanced to enable 24/7 routine crisis support for young people. Young people can access the service via a number of access points;
 - the local CAMHS crisis line
 - the all age crisis line- if CAMHS specialist input is required they will be warm transferred.
 - 111. If a young person calls 111 they are warm transferred to the crisis team
- **Urgent** - The team's capacity has increased, in order to strengthen the capacity available to provide home treatment within the community.
- **Emergency** - The team currently in-reach into the acute settings (Kings Mill Hospital and Nottingham University Hospital) when a referral from the acute ward is made. This currently differs to the adult liaison model where they are based at the acute hospital.

Eating Disorders: The team has been commissioned to provide an urgent and routine response and performance is reviewed to understand why young people receive treatment outside of timeframe. In relation to good practice a Transition worker role is in place within the team. This has resulted in better transitions between adult and children's services.

In September 2019, Nottinghamshire ICS was successful in bidding to conduct research into Avoidance Restrictive Food Intake Disorder (ARFID). The pilot intended to support and evaluate adjustments to the existing Children and Young People's Community Eating Disorders Service to provide care for children and young people presenting with ARFID. This included support

for training each Team's identified 'ARFID champion' and assisting member of staff, guidance around data collection and participation in a national evaluation. The national evaluation was due to be published in May 2020 however due to the pandemic this has been delayed, however local evaluation has taken place.

Increasing Access: Nottingham and Nottinghamshire have successfully implemented Mental Health Support Teams (MHST) in Schools across the Nottinghamshire ICS footprint. These teams provide a range of evidence-based interventions for children and young people with mild to moderate mental health needs. From January 2021, approximately 150 schools across the ICS will have access to a mental health support team. A cross system governance structure has been established to support the rollout of these teams, to ensure that key partners from health and education are engaged in their development and delivery. Nottinghamshire was the first site to successfully mobilise a MHST.

In order to further support an increase in access additional support for children and young people who illicit behaviour which is indicative of autism and/or ADHD additional resource has been commissioned.

This year providers have worked to ensure their submissions to the MHSDS is accurate, to ensure access data reported for Nottingham and Nottinghamshire is accurate and reflects local access figures.

Alignment of plans: A Children and Young People's Mental Health Executive is in place. The group work to ensure wide partner engagement and alignment with other strategies including; SEND, youth justice and ID and ASD.

- b) More generally we wanted to ask if you are aware of any discussions/work being undertaken locally, or changes in practice implemented locally following the publication of the report?

The following work relevant to the recommendations in the report is due to take place between 2021-2024:

- **Suicide prevention:** Nottinghamshire has been successful in obtaining Wave 4 Suicide Prevention Funding. This will be used to support a number of key strands of work, including suicide prevention training across the system.
- **Transition:** Our Community Mental Health Transformation plan includes specific focus, and resources, for supporting improvements transitions for young people with an SMI (from CAMHS to adult services).
- **Mental Health Support Teams:** Building on our current Wave 1, 2, 3 and 4 MHSTs, we are currently evaluating the opportunity to obtain additional funding via the Wave 5 and 6 national bidding process. This would further increase the number of schools covered by teams and increase the workforce in, in line with Long Term Plan ambitions.
- **Co-production:** Work with young people planned this year around developing a local on-line offer for children and young people's mental health services and effective digital interventions, demonstrating our strong commitment to engaging young people in co-producing services.
- **Inequalities:** An ICS-wide Health Inequalities Strategy <https://healthandcarenotts.co.uk/our-plans-and-priorities/> has been developed to drive forward actions during 2020-2024, with mental health identified as 1 of 5 key priorities. Funding to support delivery of the mental health strand of the strategy has been proposed and is awaiting approval. The system's mental health transformation programme will focus on advancing equalities in access, experience and outcomes across different mental health pathways. A recently refreshed JSNA chapter on Children and Young People's Emotional Health and Wellbeing contained a key recommendation to review access to services by minority groups and ensure systematic barriers are mitigated or removed using the framework outlined in the Advancing Mental Health Equality Framework and the PHE HEAT tool.
- **Covid-19:** Recognising the impact of Covid-19 for children and young people (school disruption and access to health & care services), to take a system wide approach in recognising and prioritising return to school. Accessibility to services as part of restoration (this includes recognising the increased pressure on certain services due to increased demand as a result of Covid-19), taking a planned approach across the integrated care partnerships.
- **Data:** Further work is planned to improve the quality and flow of mental health data to allow more robust monitoring of disproportionalities in access and experience and act where problems are identified.
- **Mental Health and Depression:** An all age, ICS-wide strategy around Mental Health and Depression and Anxiety is working to improve mental health and the interface between mental health and physical health services and address health inequities when accessing services. <https://healthandcarenotts.co.uk/our-plans-and-priorities/>

If you are unhappy with the way in which your request has been handled, NHS Nottingham and Nottinghamshire Clinical Commissioning Group have an internal review procedure through which you can raise any concerns you might have. Further



details of this procedure can be obtained by contacting Lucy Branson, Associate Director of Governance via lucy.branson@nhs.net or by writing to NHS Nottingham and Nottinghamshire CCG, 1 Standard Court, Park Row, Nottingham, NG1 6GN.

If you remain dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office, who will consider whether the organisation has complied with its obligations under the Act, and can require the organisation to remedy any problems. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by NHS Nottingham and Nottinghamshire Clinical Commissioning Group formerly known as NHS Mansfield and Ashfield Clinical Commissioning Group, NHS Newark and Sherwood Clinical Commissioning Group, NHS Rushcliffe Clinical Commissioning Group, NHS Nottingham West Clinical Commissioning Group, NHS Nottingham City Clinical Commissioning Group and Nottingham North and East Clinical Commissioning Group. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/for-the-public/>

Complaints to the Information Commissioner's Office should be sent to: FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF
Telephone 0303 123 1113 or report a concern: <https://ico.org.uk/concerns/>

Yours sincerely

Freedom of Information Officer on behalf of *NHS Nottingham and Nottinghamshire Clinical Commissioning Group formerly known as NHS Rushcliffe Clinical Commissioning Group, NHS Nottingham West Clinical Commissioning Group, NHS Nottingham City Clinical Commissioning Group, NHS Nottingham North and East Clinical Commissioning Group, NHS Mansfield and Ashfield Clinical Commissioning Group and NHS Newark and Sherwood Clinical Commissioning Group.*

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All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the license conditions must be met. You must not re-use any previously unreleased information without having the consent of NHS Nottingham and Nottinghamshire Clinical Commissioning Group. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead via notts.foi@nhs.net. All requests for re-use will be responded to within 20 working days of receipt.

